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AT A GLANCE

Founded in 2012, InspiringHK Sports Foundation (InspiringHK) is a tax exempt charity under Section 88 of the Inland Revenue Ordinance. We are a member of the Hong Kong Council of Social Service and listed on WiseGiving for our governance and transparency compliance.

OUR PROGRAMMES



2-Year Sports Courses

providing an extended period for underprivileged youth to develop



Learning Experience Activities

broadening the horizons of underprivileged youth



Mentorship Programme

giving underprivileged youth the opportunity to interact and learn from mature professionals to explore career paths

OUR PROGRAMME'S UNIQUENESS



Professional Coaches

Former or current Hong Kong team sportsmen as sports coaches



Enrolment in Competitions

Free enrolment in sports competitions to accelerate developing sportsmanship qualities



Free-of-Charge

Our students receive totally free sports training and professional equipment



Well-balanced structure

A combination different activities



What do we do?

We empower underprivileged youth (8-18 years old) through 2-year, free-of-charge Sports Programmes and Learning Experience Activities in order to increase their social mobility.

Who do we help?

Our beneficiaries are underprivileged, and meet one of the following criteria:

- Come from a family that receives the Comprehensive Social Security Assistance;
- Receive the School Textbook Assistance; or
- Live in poverty and is referred by a registered social worker or an NGO

OUR RESOURCES

OUR IMPACT

Our Team

- 2 full-time and 5 part-time staff members
- 24 dedicated volunteer staff members
- 5 Ambassadors of great sporting image and reputation

Support We Received

- 11 generous corporate and foundation sponsors
- 19 non-corporate partners and pro-bono service providers
- 11 media broadcasts
- 9 newspaper, website and magazine articles

Our Finances

- 50% increase in donation income compared with last year
- About 10% of expenses are administrative

In Numbers

- 170+ students enjoying in total 12,934 hours of Sports Programmes and 2,661 hours of Learning Experience Activities
- 42 pairs of mentors and mentees holding hands in life's journey
- 36 open sports competitions providing valuable chances for students to experience success and failure

In Stories

- Impact measurement showing students developing positive sportsmanship qualities such as teamwork and perseverance
- Students developing a charitable heart and becoming more aware they have the power to give despite their less fortunate circumstances
- Parents and members of society applauding at our platform of equality that gives a hand to underprivileged youth

HIGHLIGHTS OF THE YEAR

SPORTS

Run in Guangzhou Event

Our students took part in a competition outside Hong Kong for the first time. 5 of our *RUN Inspires!* students took part in the 5km race of the Guangzhou Marathon. Out of 13,000 participants, they took the first, second and third places!

When interviewed by a local television channel, our students said, "Some of us have a natural advantage over others, but what's attractive about distance running is that you'll improve as long as you train consistently. Sometimes you will lead me, and there will be other times that I lead you. We achieve better results together that way!"



Numerous open competitions, friendly matches and performances

We believe open competitions, friendly matches and performances are important to accelerate the development of students. This year we organised or enrolled students into 36 open competitions, friendly matches and performances. While we are very happy that our students have achieved outstanding results, we emphasise to them that it is developing sportsmanship qualities, such as being able to respect their opponent, abide by rules and learn from failure, that is most important.

LEARNING EXPERIENCE ACTIVITIES

6 hour wilderness survival event

InspiringHK and Our Hands Farm organised the Be A Farmer Survival Workshop, where our students and volunteers experienced self-sustenance. Many of the students had many first attempts during the day on catching fishes, cleaning fishes and cooking with primitive tools. The event raised the environmental awareness of students and increased their independence and problem solving skills.



GOVERNANCE

6th Hong Kong Volunteer Award

InspiringHK won the 6th Hong Kong Volunteer Award, which is organised by the Agency of Volunteer Service and RoadShow. Members of the assessment panel were all well-known leaders in society and the charity community. We are extremely honoured to have their recognition, and will continue to strive to provide high quality services to the community.



Change in Board Membership on 3rd Anniversary Day

Following our substantial progress in the past 3 years, our Chairman Mr Gary Wong decided to move forward and became one of our Non-Executive Directors in October 2015. In turn, our Chief Campaigner Mr Zimon Chan became Chairman, and one of our Executive Directors Ms Judy Kong became Chief Campaigner. We thank Mr Gary Wong for his outstanding leadership and contribution during his tenure.



Welcome Our New Advisor Mr Bernard Chan!

We are pleased to welcome Mr Bernard Chan joining us as one of our advisors. Mr Chan is, amongst others, a Member of the Executive Council of Hong Kong SAR and Chairperson of The Hong Kong Council of Social Service.

PUBLICITY

Welcome Our New Ambassador - the "Wonder Kid" Mr Rex Tso!

We are pleased to welcome Mr Rex Tso joining us as one of our Ambassadors. He is a professional boxer who fights in the featherweight class and widely considered as a rising star in the world stage. As of May 2016 he won 19 professional bouts without defeat in his career.



We appeared on TVB, South China Morning Post, Commercial Radio and more!

We made great progress in promoting our cause to the local public. We thank various media outlets, including TVB, South China Morning Post and Commercial Radio, for letting us tell the Hong Kong community our story.



IMPACT MEASUREMENT

Impact Measurement fully set up

To meet the greater call for accountability and transparency in the charity sector, we set up an impact measurement system to track the progress of our students for all of our sports classes. Key attributes that we develop such as perseverance, teamwork and confidence are tracked, to make sure our programmes are on the right track.



FUNDRAISING

10000 Push-Ups in IHK Christmas Party

In our 2015 Christmas Party Mr Rex Tso, our new InspiringHK Ambassador, led over 200 students, parents and guests to finish 10,000 pushups that helped us raise HKD 74,332 on a crowdfunding platform, exceeding our target of HKD 50,000 by nearly 50%!



Zimon Chan

InspiringHK Sports Foundation
Chairman



CHAIRMAN'S MESSAGE

"Winning at the starting line" is a well-discussed phenomenon in society, where underprivileged youth are typically behind their peers due to a lack of support. While some may find this unfair or even unjust, we should bear in mind that life is like a marathon. In addition to gaining an advantage at the starting line, life is also about persevering and not giving up after the journey begins. Only 1 person can take the first place in each race. But we should never forget that every participant can take pride in finishing 42.195km and reaching various life goals.

Our aim is to improve the social mobility of underprivileged youth. We do so by instilling sportsmanship and charitable qualities through providing equal learning opportunities. We provide a platform for them to understand sportsmanship, which provides them with the soft skills to meet the challenges of the 21st Century. We believe in consistency, so we require them to attend classes every week and enroll them into open competitions. We want them to understand hard work pays off and how to deal with the ups and downs of life. To digress a bit I want to congratulate our students from the *RUN Inspires!* programme for achieving outstanding results in the 2015 Guangzhou Marathon 5km run. Out of 13,000 participants, they impressively took the 1st, 2nd and 3rd places. Their experience is more important than the impressive results, as one of the students put it, "Of course some of us have a natural advantage. The best thing about running is that as long as you persevere, you will improve. Sometimes you will take the lead, and sometimes I will take the lead. Through

encouraging each other we can get even better results."

Running sports classes for 3 years has meant we have come to know youth from a variety of backgrounds. We have also visited their homes, during which we learnt more about their parent's expectations and understood more about their lives. By speaking to them in casual conversations, graduation interviews and impact measurement sessions, we have become more confident in the power of sports. Sports have achieved what we previously didn't believe was possible. It has broken down the barriers of class, race, background, industry and generation. Last year saw our *WOMEN'S FOOTBALL Inspires!* students playing a friendly match with Canadian International School. It also saw our students, coaches and athlete supporters collectively performing 10,000 pushups to raise funds for a swimming class for a group of South Asian girls. InspiringHK has achieved phenomenal growth in the past few years. This is thanks to the support and encouragement from different parts of society, including the government, private businesses and professional organisations. I also need to thank the InspiringHK executive committee, mentors and other volunteers, who have contributed selflessly. We have created unity in society and allowed the Hong Kong spirit to shine. We will continue to strive to gather more resources from society to benefit more underprivileged youth. Bringing all students to the same starting line seems impossible, but it is exactly the difficulty that has made it a worthwhile goal.



Judy Kong

InspiringHK Sports Foundation
Chief Campaigner

CHIEF CAMPAIGNER'S REPORT

2015-2016 is the year when InspiringHK finally became a fully-fledged organization. We started in 2012, obtained tax-exemption status under Section 88 of the Inland Revenue Department in 2013 and became a part of the Hong Kong Council of Social Service and Wise-giving between 2014 and 2015. With the many small steps we wanted to set up a solid foundation, expand our services creatively and learn from our peers and other sports organisations, so that we become a sustainable charity with long term potential. This is for us to provide high quality programmes and equal learning opportunities for underprivileged youths, and to sow the seeds of sportsmanship and charity among them so as to increase their social mobility.

InspiringHK Sports Foundation provides 2-year and free-of-charge Sports Programmes and Learning Experience Activities to underprivileged youth between 7 to 18 years old. In the year 2015-2016, we provided nearly 13,000 hours of sports classes to 170 youth. The number of sports programmes remains at 7 when compared to last year, which are Dance, Distance Running, Fencing, Women's Football, Hockey, Tennis and Rope Skipping. Most of the programmes are in their second year. Number of competitions and open performances that students took part in increased from 13 to 36. Our students do their best in competitions. They may win or lose, but most importantly we want them to improve self-confidence, develop sportsmanship and learn to set goals in life. Here we need to thank parents and coaches for asking students to attend lessons rain or shine and acting as their role models. We are very happy that the overall attendance rate this year is 70%, which is widely recognised as positive by our NGO and school partners. At the same time we added advanced classes and new beginner classes to our portfolio and expanded our coverage of communities, thereby giving more youth the opportunity to take part in sports programmes.

We promise our students no less than 15 hours of Learning Experience

Activities each year, so that they can broaden horizons and contribute to the community while being recipients of help. In the past year we organized 20 activities including refurbishing single elderlies homes, collecting leftover food and surviving in the wilderness. These activities allowed volunteers from our corporate partners to provide 2,600 hours of Learning Experience Activities, making it an indispensable part of our student's development. Our Mentorship Programme has seen the matching of 42 mentors and mentees, who get a person to learn from. Our mentor's life experience opens the eyes of our students to a different life. One of the pairs made cookies together and went to art exhibitions - they became friends as well.

As a charity, we take governance and management seriously and ensure our finances are transparent. In the year 2015-2016 we had Mr Bernard Chan joining us as an advisor, effected changes in the Board of directors as part of the Annual General Meeting and conducted internal auditing to improve our governance. We can take pride in the amount of donations we raised, totaling \$1,355,840.03, which is a 50% increase from last year. Sponsorship from corporates partners, private foundations and individuals each contributed to one-third of the amount. 80% of expenses were spent on sports programmes to make a real impact on society. The enabler of all this is InspiringHK's giving culture, which includes the giving of time, skills, network and money. At the same time, we proactively reached out to the public to showcase the progress our students have made. Media outlets in Hong Kong reported us more than 20 times, for which we are very grateful.

Throughout the year our volunteer Board of Directors, volunteer executives and full time executives made it all happen through sweat and toil. They worked into nights and contributed their valuable resources - personal time and network to advance the foundation. This is evidenced by us winning accolades in the 6th Hong Kong Volunteer Awards.

OUR ADVISORS

Behind our directors and executives, we have a team of Advisors from various sectors who also care about local youth development as much as we do! With their extensive management experience, they have provided us with invaluable guidance and advice.



Mr Bernard Chan, GBS, JP

Member, Executive Council of Hong Kong SAR
Chairperson, The Hong Kong Council of Social Service



Dr John Chan, GBS, JP

Non-Executive Director, Kowloon Motor Bus Company (1933) Limited and Long Win Bus Limited
Chairman and Non-Executive Director, RoadShow Holdings Limited
Deputy Chairman and Independent Non-Executive Director, Transport International Holdings Limited
Independent Non-Executive Director, Hang Seng Bank Limited,
Guangdong Investment Limited and Swire Properties Limited



Ms. Bernadette Tsui

Director of Development and Alumni Affairs Office,
The University of Hong Kong
Executive Director, HKU Foundation for Education Development & Research



Dr Albert Chau

Vice-President for Learning and Teaching (VPTL),
Hong Kong Baptist University



Dr Dominic Chan MB MH

Director, Flora Innovative Lighting Limited



Mr Joe Chan

Consultant, Asian Charity Services

MESSAGE FROM OUR AMBASSADORS



Mr Rex Tso

Mr Rex Tso is a boxer who fights in the featherweight class. He holds champion title in World Boxing Council's Asian Featherweight Class and World Boxing Association's International Featherweight Class. As of May 2016 he won 19 professional bouts without defeat in his career.

It is an honour to become an ambassador of InspiringHK Sports Foundation on its third anniversary. This is a role that will allow me to give a hand to youth who need help. Long term boxing training is hard work, and I have been through it all. I believe that 2 years of sports training will instill discipline, confidence and a better sense of direction in underprivileged youth, helping them to develop.

Rex Tso



Mr Fong Lik Sun Alex

Dubbed the "little flying fish", Mr Alex Fong is a former HK swimming team member and holds the HK record for 200m backstroke and 400m individual medley. Besides his sports achievements, he was also selected as one of the Ten Outstanding Young Persons by Junior Chamber International in 2014.



Mr Chan Ka Ho and Ms Yiu Kit Ching (also our coaches for *RUN Inspires!*)

Kit Ching is the HK record holder for 10K run, 15K run, half-marathon 3000m steeplechase and 4 x 1500m relay. Her numerous accolades include Athlete of the Year in 2007, 2008 and 2011 and Hong Kong Amateur Athletic Association Female Athlete of the Year. She is the fourth HK marathoner to qualify for the Olympics and will compete in the 2016 Rio de Janeiro Olympics.

Mr Chan Ka Ho is a registered coach with the Hong Kong Amateur Athletic Association. He is the HK record holder of 3,000m run, 3,000m steeplechase, 4 x 1,500m youth relay, 4 x 1,500m relay and the University Sports Federation of Hong Kong 5,000m run. He is also the former HK record holder for the 15km run and the half-marathon.

He won the Outstanding Youth Coach Award in 2013 and the Merit Award Service in 2014 from the Hong Kong Amateur Athletic Association.



Mr Ho Chu Ting Timothy

Timothy is the world's fastest rope skipper. He represented HK and set a world record of 522.5 skips in three minutes at the 2012 Rope Skipping World Championships. He excels in both speed and freestyle skipping, and has become a sports icon in HK after his success at the world championships.

ATHLETE SUPPORTERS

Our athlete supporters are former or current Hong Kong team sportsmen who identify with our mission of improving the social mobility of underprivileged youth.



Lai Chun Ho Boyce
Track and Field



Tsui Chi Ho
Track and Field



Lui Lai Yiu
Track and Field



Cyrus So
Basketball



Tony Wu
Baseball



Jamie Wong
Cycling



Vivian Ma
Cycling



Crystal Chik
Figure skating



Vanessa Wong
Roller-skating



Rio Wong
Beach Volleyball



Tiffany Chan
Golf



Kent Cheung
Swimming



Chan Kin Lok
Swimming



Janet Yu
Swimming



Wong Yee Ching
Swimming



Angel Wong
Gymnastics



Kelvin Kong
Swimming



Derick Ng
Swimming



Vincii Hui
Triathlon



Joyce Cheung
Triathlon



Siu Cheong Hung
Volleyball



Hayley Victoria Chan
Windsurfing



Chiu Chung Hei
Table Tennis



OUR PROGRAMMES

Our Sports Programmes and Learning Experience Activities develop positive attributes such as perseverance and teamwork in our students, so they will be better prepared for future challenges. Our Mentorship Programme connects them to mature professionals whom they can look up to as role models.

Our Sports Programmes are delivered on a weekly basis and our Learning Experience Activities on almost a monthly basis. Our mentors and mentees try to meet regularly in InspiringHK's activities or on their own.

SPORTS PROGRAMMES

In the year 2015-2016, the number of our sports programmes has reached 11 and now covers 8 districts!



Kwai Tsing
TENNIS Inspires!

Title Sponsor: Fu Tak Lam Foundation Limited



Yuen Long
TENNIS Inspires!

Title Sponsor: Fu Tak Lam Foundation Limited



Tuen Mun
HOCKEY Inspires!

Title Sponsor: Coils Electronic Co. Ltd
(the owner of 759 store, a discount supermarket)

ROPE-SKIPPING Inspires!



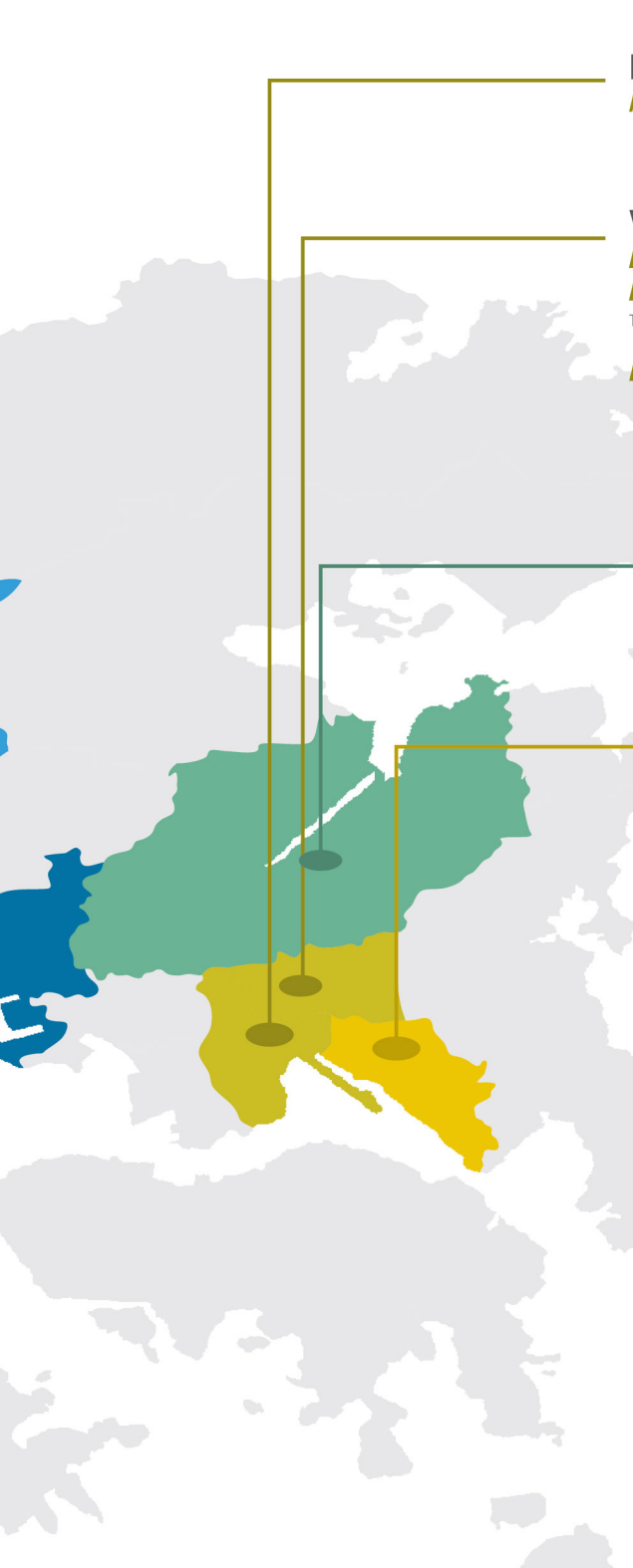
Total number of students

170+



Total training hours

12,934hrs



Kowloon City

ROPE-SKIPPING Inspires!

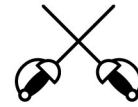


Wong Tai Sin

LEHK x IHK FENCING Inspires! Advanced Class

LEHK x IHK FENCING Inspires! Beginners Class 1 & Beginners Class 2

Title Sponsor: Operation Santa Claus



DANCE Inspires!



Sha Tin

ROPE-SKIPPING Inspires!

Title Sponsor: Dah Sing Bank Limited



Kwun Tong

WOMEN'S FOOTBALL Inspires!

Title Sponsor: Coils Electronic, Co. Ltd
(the owner of 759 store, a discount supermarket)



RUN Inspires!

Title Sponsor: International Payment Solutions Limited



Our Sports Programmes as of the 30th of April 2016

- *TENNIS Inspires!* : Kwai Tsing Class
- *TENNIS Inspires!* : Yuen Long Class
- *RUN Inspires!* : Kwun Tong Class
- *ROPE-SKIPPING Inspires!* : Sha Tin Class
- *LEHK x IHK FENCING Inspires!* : Wong Tai Sin Advanced Class
- *LEHK x IHK FENCING Inspires!* : Wong Tai Sin Beginners Class 1
- *LEHK x IHK FENCING Inspires!* : Wong Tai Sin Beginners Class 2
- *DANCE Inspires!* : Wong Tai Sin Class
- *ROPE-SKIPPING Inspires!* : Tuen Mun Class

Sports Programmes that have ended this year

- *LEHK x IHK FENCING Inspires!* : Kowloon City Beginners Class
- *DANCE Inspires!* : Sham Shui Po Class



Our Programmes

DANCE Inspires!

Basic Facts

Sham Shui Po Class (Ended)

Training Period: August 2013 to April 2015

Wong Tai Sin Class

Training Period: April 2016 to March 2018

Time: 2pm to 4:30pm on Saturdays

Age Group: Secondary School



Coach Profile

Ms Kwok Tsz Ying specialises in jazz and contemporary dance and has rich teaching experience. She has taught in numerous schools, including the famous Billy Chan Dance Concepts. She is studying at the Hong Kong Academy for Performing Arts, performs for the school and is involved in the Macau Secondary School Dance Education Initiative run by the Hong Kong Dance Company.



Words from Coaches

"The second batch of dance students are very dedicated and improving very quickly! Their passion and commitment have inspired me. I am hopeful this will be 2 fruitful years of training, where they will understand the importance of devotion and being responsible."

Tsz Ying - Coach

Words from Students

"Joining this class means being part of a wider group. I hope girls in this class can bond to each other and develop unity. It is my wish that the class can always act as one team, be it in dance or anything else."





Our Programmes

RUN Inspires!

Basic Facts

Sham Shui Po Class

Training Period: January 2014 to May 2016

Time: 6:30pm to 8:30pm on Tuesdays

Age Group: Secondary School

Kwun Tong Class

Training Period: July 2015 to June 2017

Time: 7pm to 9pm on Fridays

Age Group: Secondary School



Title Sponsor: IPS Payment Solutions Limited

Coach Profiles



Mr Chan Ka Ho is a registered coach with the Hong Kong Amateur Athletic Association. He is the HK record holder of 3,000m run, 3,000m steeplechase, 4 x 1,500m youth relay, 4 x 1,500m relay and the University Sports Federation of Hong Kong 5,000m run. He is also the former HK record holder for the 15km run and the half-marathon.

He won the Outstanding Youth Coach Award in 2013 and the Merit Award Service in 2014 from the Hong Kong Amateur Athletic Association.



Kit Ching is the HK record holder for 10K run, 15K run, half-marathon 3000m steeplechase and 4 x 1500m relay. Her numerous accolades include Athlete of the Year in 2007, 2008 and 2011 and Hong Kong Amateur Athletic Association Female Athlete of the Year. She is the fourth HK marathoner to qualify for the Olympics and will compete in the 2016 Rio de Janeiro Olympics.

Both Ka Ho and Kit Ching are our Ambassadors.

Words from Coaches

"You need to accumulate training hours to run well. It is like saving money. The more you accumulate, the more you will gain. As long as you work hard, you will see improvements. We hope that students will not turn away from this sport because it is hard, but fall in love with it through enjoying the training." **Ka Ho and Kit Ching - Coaches**

Words from Students

"When I train hard, every part of my body wants me to give up. But I know that if I give up I will never get breakthroughs. So when I feel like giving up, I clench my jaws and push harder. I know that no matter how I perform, as long as I do not give up, I will have no regrets."

Chak Fung - Student





Our Programmes

HOCKEY Inspires!



Basic Facts

Tuen Mun Class

Training Period: September 2014 to August 2016

Time: 9am to 10:30am on Saturdays and

8:30am to 10am on Sundays

Age Group: Primary School

Title Sponsor:

Coils Electronic Co. Ltd
(the owner of 759 Store, a discount supermarket)



Words from Parents

"Ben has played hockey for more than 1 year already. He hasn't changed much, but his body has become much sturdier. He sees training like fulfilling a mission. He attends every class, turns up in competitions by himself, and has become a lot more independent. I am very grateful to the coach." **Ben's Parent**



Coach Profile



Ms Kitty Yau, our head coach, plays on the Shaheen Sports Club Team A and has a rich coaching experience. She has served as a head coach in numerous institutions, e.g. the Diocesan Girls' School. Under her leadership, her teams consistently achieved outstanding results. In 2013-14, one of her teams was 1st runner-up in the Secondary School Senior League A/B Grade Competition.



Mr Tsang Kin Kan, our assistant coach, is a member of the HK Hockey Men Team. He once played in the Asian Game Qualifiers and the World League. He is a player of Shaheen Sports Club A Team. Under his leadership, the Shaheen Ladies C Team finished second place in division 5 of the Shaheen Winter League.



Mr Cho Tsz Fung, our second assistant coach, is also a member of the HK Hockey Men Team. He once played in the Asian Game Qualifiers and the World League. He is a player of Shaheen Sports Club Team A. Under his leadership, the Shaheen Ladies B Team finished first place in division 1 of the Shaheen Winter League.

Words from Coaches

"As a coach I hope my students will enjoy hockey. If a student wants to continue playing after 2 years, I hope they will one day compete for Hong Kong. But if becoming a professional player is not what they want, I will still help them in developing a good hobby." **Kitty Yau - Head Coach**



Our Programmes

ROPE-SKIPPING Inspires!



Training Institution Profile



Hong Kong Rope Skipping Club was established in 2009 and provides quality rope skipping training to more than 100 schools. It also organises rope skipping competitions, playing an important role in the development of rope skipping in Hong Kong. All 3 of the ROPE-SKIPPING Inspires! classes are taught by experienced coaches who have competed for Hong Kong in open competitions from the Hong Kong Rope Skipping Club.

Words from Coaches

"InspiringHK students are very hardworking and proactive. They become happy easily, but at the same time have expectations on their own performance. When learning new moves or getting praised, happiness will show on their faces. When meeting obstacles they don't feel frustrated, but will work even harder to overcome them. I am very happy to teach this class." **Coach**

Basic Facts

Kowloon City Class

Training period: September 2014 to August 2016
Time: 5:30pm to 7pm on Saturdays
Age Group: Primary School

Sha Tin Class

Training Period: April 2016 to March 2018
Time: 3pm to 4:30pm on Saturdays
Age Group: Primary School

Title Sponsor:

Dah Sing Bank Limited



Tuen Mun Class

Training Period: April 2016 to March 2018
Time: 4:30pm to 6pm on Wednesdays
Age Group: Primary School

Words from Parents

"InspiringHK has given my son many opportunities to perform. Watching him performing as an audience, I can feel his confidence exuberating. Since joining the rope skipping class, he has changed a lot in terms of character and physique. I am grateful to InspiringHK Sports Foundation. I hope he will continue to work hard and excel."

Ka Chun's Parents





Our Programmes

FENCING Inspires!

Basic Facts

Wong Tai Sin Beginners Class (Ended)

Training Period: September 2014 to March 2016

Wong Tai Sin Advanced Class

Training Period: April 2016 to March 2018

Time: 12pm to 2pm on Sundays

Age Group: Primary School

Wong Tai Sin Beginners Class 1

Training Period: April 2016 to March 2018

Time: 9am to 10:30am on Sundays

Age Group: Primary School

Wong Tai Sin Beginners Class 2

Training Period: April 2016 to March 2018

Time: 10:30pm to 12pm on Sundays

Age Group: Primary School



**OPERATION
SANTA CLAUS**
South China Morning Post

Title Sponsor: Operation Santa Claus



Coach Profile

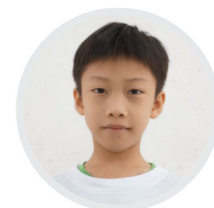
Mr Chow Chi Sang is on the HK Fencing Association Coaching committee and a full-time coach with vast experience. He has taught in various institutions, such as the French International School and the CUHK. His coaching and referee credentials include those issued by the Bulgarian National Sports Academy and the International Fencing Union.

Words from Coaches

"I am very pleased that all of my students are very passionate about fencing. They started with knowing nothing to applying fencing theories effectively. Fencing is about judgement and reaction times. It is like playing rock, paper and scissors. The moment you do paper you will change to scissors quickly to surprise your opponent. I am grateful to InspiringHK for starting the advanced class, a major step to promoting fencing to more people." **Chi Sang - Coach**

Words from Parents

"InspiringHK has really helped families that are struggling. It has allowed my son to learn fencing which is out of our reach and discover his potential. After joining, Ho Lam has become more confident and independent. In the past he needed me to take him to the class. Now he turns up to classes and competitions. Fencing requires a lot of focus, and has led to improvements in studying." **Ho Lam's Parent**





Our Programmes

TENNIS Inspires!

Basic Facts

Yuen Long Class

Training Period: May 2015 to February 2017

Time: 5pm to 7pm on Mondays and Wednesdays

Age Group: Senior Primary School

Kwai Ching Class

Training period: July 2015 to February 2017

Time: 5pm to 7pm on Tuesdays and Fridays

Age Group: Senior Primary School



傅德蔭基金有限公司
Fu Tak Lam Foundation Limited

Title Sponsor: Fu Tak lam Foundation Limited



Coach Profile



Mr Henry So is a former No. 1 tennis player in HK. He represented HK in the Davis Cup and won the HK Champions Cup in 2008. His coaching qualifications include the Master Pro qualification from Australian Tennis Professional Coaches Association. He is a highly qualified coach being a TRX and Adidas Performance certified trainer.



Words from Coaches

"This is a great opportunity for underprivileged children to experience a great sport like tennis. The class has been running for a year. All students have improved a lot with their technical and teamwork skills and developed a sense of responsibility. As coaches we hope that their technical skills will continue on a positive trajectory, but at the same time it is important that they enjoy the class. We hope that they will compete for Hong Kong one day. I am grateful to the title sponsor and InspiringHK for giving me the opportunity to teach this class." **Henry So - Coach**



Words from Parents

"My daughter has joined the tennis class for about one year. I can tell that the coach teaches with heart and has made the students very interested in the sport. I also like the high quality Learning Experience Activities, something that is not available at school!

This organisation gives me a feeling of being very sincere. The executives help students with their heart. They give students the chance to fall in love with sports. I am grateful to every one of them." **Cheuk Lam's Parents**





Our Programmes

WOMEN'S FOOTBALL Inspires!

Basic Facts

Kwun Tong Class

Training Period: October 2014 to June 2016

Time: 3:30pm to 5:30pm on Tuesdays and 2:30pm to 4:30pm on Mondays

Age Group: Primary School

Title Sponsor:

Coils Electronic Co. Ltd
(the owner of 759 store, a discount supermarket)



Chef Profile

Ms Tiffany Lee is a coach and instructor of the HK Football Association. She has 20 years of experience in teaching. Prior to becoming a coach, she was a professional football player for the Hong Kong team for years, and had been a captain.

In addition to teaching in numerous primary and secondary schools, she is also the head coach for the City University of Hong Kong. She is also the head coach for the Hong Kong U19 team and the Hong Kong Chelsea Girl's team. Outside football training, she is a supervisor for the Hong Kong Football Association, supporting the development of Women's Football in Hong Kong.



Words from Coaches

"It is not easy to teach Women's Football. When most girls join, they have a "give it a try, it won't hurt" mentality. To develop their interest, I find ways to embed playing into training. This class is going to end soon. I see that they have improved a lot. But to become professional players they will need to continue practicing and not ever give up on football."

Tiffany Lee - Coach

Words from Parents

"Since my daughter learnt Women's Football, my perception towards the sport has changed. Actually girls learning football is not a bad thing. She has become more able to communicate with others and met a lot of friends." **Kwan Ting's Parents**



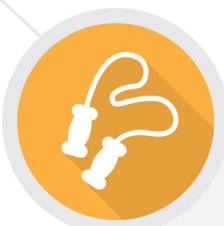
SPORTS COMPETITIONS

We believe that our students need to constantly challenge themselves. As such, we encourage and sponsor enrolment in competitions. The competitions enable them to enjoy the sport they are involved in, and help them learn how to deal with success and failure.

5

ROPE-SKIPPING Inspires!

- All-rounded Rope skipping Championship 2016
- InspiringHK 3rd Anniversary and Christmas Party 2016
- Hong Kong Sheng Kung Hui Kowloon City Youth Centre Christmas Party
- Hong Kong UBS Open Charity Cup 2015
- "Skip for Health" in the Shatin Green event



6

WOMEN's Football Inspires!

- Diocese of Hong Kong (Yau Wah) and Hong Kong Canossa Friendly Match
- Po Leung Kuk Lam Man Chan Primary School Friendly Match
- C C C Tam Lee Lai Fun Memorial Secondary School Mini Football Match
- Hong Kong Inter-Primary School Mini Football Competition 2015-2016
- Kitchee Inter-Primary School Mini Football Challenge Cup
- Wofoo Girl's Football Challenge Cup



3

FENCING Inspires!

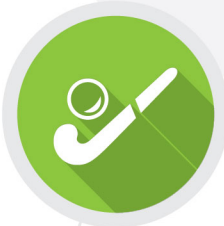
- The Hong Kong Inter-Primary School Fencing Competition 2015-2016
- The 8th Kowloon City Sports Club Tournament - Hong Kong Inter-Primary School Fencing Competition
- The 10th Reunification Cup - Hong Kong Age Group Fencing Tournament 2015



2

TENNIS Inspires!

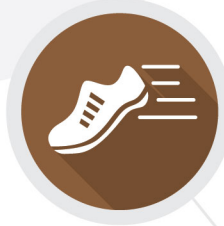
- InspiringHK Tennis Singles Friendly Match
- InspiringHK Tennis Double Friendly Match



7

HOCKEY Inspires!

- Shaheen Sport Club Friendly Match
- Khalsa Mini-Hockey Tournament
- German Swiss International School Mini Hockey Friendly Match
- Hong Kong Sikh Temple Mini Hockey Friendly Match
- Hong Kong Football Association Mini Hockey Friendly Match
- Harrow International School Mini Hockey Friendly Match
- The 2nd Hong Kong International Mini Hockey Tournament



13

RUN Inspires!

- 2016 Mount XiQiao International Marathon 5km Race
- Charity Sunset Run in "Run with Love"
- Ocean Park Conservation Foundation Hong Kong Run for Survival 2016
- Doraemon Run 2016
- Sai Kung District Sports Association Lunar New Year 10km run
- Sham Shui Po Cross Country 2015-2016
- SHKP Vertical Run for Charity
- Fun Race in the Park
- GAC Toyota Guangzhou Marathon 2015
- Metro City Plaza X Foodsport Run for Food 2015
- "Run for Centenary" Air Ranger 10th Anniversary 10km Challenge Cup
- Run Light Stand 2015
- SUNIFG Hong Kong Streetathon

REFLECTION ON COMPLETED CLASSES

In this year two of our sports classes have completed, bringing about 30 students' development to an end. How are our students doing? Read on to find out!



DANCE Inspires! Sham Shui Po Class

Training Period: August 2013 - April 2015

Harvey Lo

Former Volunteer Sports Programme Manager of InspiringHK

Q How did InspiringHK start its very first sports programme?

A *DANCE Inspires!* is the first sports programme of InspiringHK. We didn't have any major sponsors at that time. So it all started when 2 very passionate University of Hong Kong students raised funds for us in the Freewider crowdfunding campaign, in which they cycled from Hong Kong to India.

Q Why did InspiringHK choose street dance?

A Through Nam Wah Secondary School we found a group of new immigrant girls. They communicated in Mandarin in class, couldn't assimilate with the Hong Kong society and lacked confidence. Dance requires minimal equipment when compared to other sports, and can be done in many types of venue. It is also very popular among young girls and develops teamwork and appreciation of aesthetics. We thought that dance will really suit the girls, and so it became our first programme.

Q As the first sports class of InspiringHK, what does *DANCE Inspires!* symbolise?

A At the start of the programme the students were not very disciplined and missed many classes. The turning point was when they took part in the first competition of their lives - the Hong Kong Inter-School Dance Competition - and won an award. It symbolises every student has the ability to excel.

Where did our students go?

In 2016 a new *DANCE Inspires!* Class started with 2 alumni re-joining. One of them is now the class captain. The rest of students started working as they have finished high school and needed to support their family.



Watch the video sharing!



Fencing Inspires! Wong Tai Sin Beginners Class

Training Period: September 2014 to March 2016

Lisa So

Non-Executive Director of InspiringHK

Q Why did InspiringHK start a fencing class?

A Fencing is out of reach for most youth in underprivileged families. Both equipment and venue are very expensive. I learnt fencing when I was very little, and I know that to play it well I needed to persevere and focus. I believe these are very important skills in life that underprivileged youth will definitely benefit from.

Q The attendance rate was 99% in the year 2015-2016. Why do you think the students have been so committed?

A Having a very strict coach and support from parents made this happen. Student's schedules are controlled by their parents. At the beginning of the training some students felt unhappy, unmotivated and scared of the coach. With the support of parents, students got through the early stages and became motivated. Now our students are so disciplined that they get up on their own, and turn up in competitions on their own.

Where did our students go?

All 10 students progressed to our advanced class

Ended early because students progress was far above expectations. Students progressed to an advance class after a round of interviews



Watch the video sharing!

LEARNING EXPERIENCE ACTIVITIES

To enrich our student's experience, our learning experience activities this year have become even more interesting, challenging and diverse. The following is a roundup of the timeline and activities.

2015

- May**
Heritage Cycling Tour in North District with JCI Harbour
- May**
Visit to Single Elderlies in Kowloon City
- Jul**
Be a Farmer Survival Training
- Aug**
Making Sha Tin Green - Jump Starting a Healthy Life Style With Rope Skipping and Recycling Event
- Aug**
Sai Kung Leadership Day Camp and Barbeque
- Sep**
Visit to Single Elderlies in Kowloon City
- Oct**
Prudential Hong Kong Tennis Open
- Oct**
UBS Hong Kong Open Community Day

Summary (1/5/2015 - 30/4/2016)

Total number of times our students participated in our Learning Experience Activities

588

Total number of volunteers hours contributed by our Corporate Partners

134

Total number of hours of Learning Experience Activities

2661



Oct

Hoi Ha Wan Marine Park Discovery



Dec

InspiringHK Third Anniversary and Christmas Party



Apr

Hong Kong Baptist University Annual Dance Show

Nov

Bread Run for Feeding Hong Kong

Apr

LUSH Environmental Party and Workshop

2016

Oct

Mentorship Programme Induction Session



Mar

Doraemon Run 2016



Nov

Dah Sing Bank Football Fun Event



Apr

Habitat for Humanity - Project Home Works



Au Giovon Gabrielle

FENCING Inspires! student

Visiting single elderlies was the best event in the course. I had the chance to talk to single elderlies and learn to understand their feelings.



Tse Wing Tung

RUNNING Inspires! student

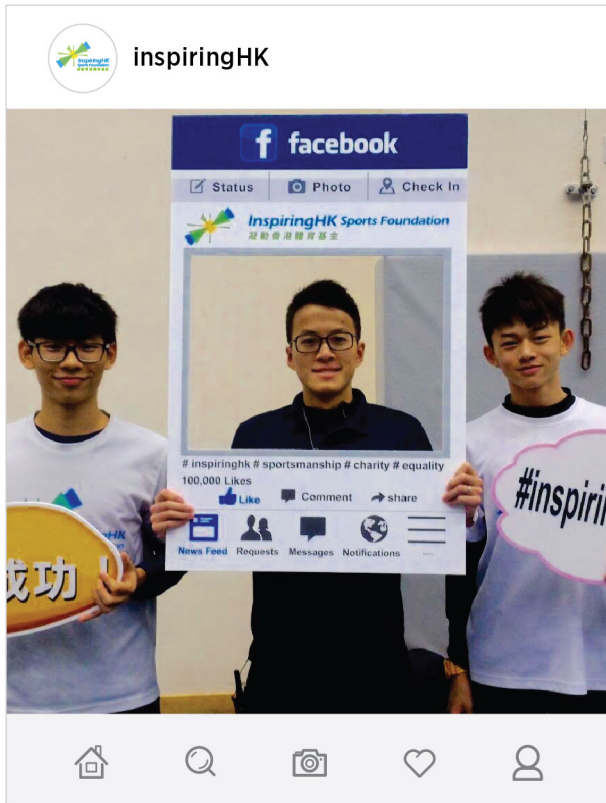
I really liked the "Caring for Homes" programme started by Habitat for Humanity. It provides physically handicapped elderlies with cleaning and minor refurbishing services.



MENTORSHIP PROGRAMME

The Mentorship Programme complements our Sports Programmes and is an integral part of our Learning Experience Activities. We believe real changes in individuals are often induced by role models who walk with those individuals as a life companion.

How do our mentors and mentees think of their relationship? Read the following to find out!



Mentor - Jack

"Chi Hang is a student with many good qualities, so I have been taking him out to explore the world. I want to guide him to think independently and think from different perspectives.

"Anson is very eager for University life and his future. I think the best way to guide him is to keep on encouraging. In addition to a mentor, he benefits from a buddy that is willing to run with him on rainy days."



Student - Anson

"Jack is always willing to share practical to help us plan for the future. His stories from his university days have made us want to go to university so much! I am very grateful to him for he has brought about many positive changes to my life."



Student - Tam Chi Hang

"We frequently have gatherings with Jack. We share with him our recent status, studies and future plans. I go to him when I have computer problems, and have developed an interest in information technology with him. I have also learnt from him that having a goal and commitment is important."



Mentor - Samantha

"It's my pleasure to become Kiki's mentor. She has a clear direction in life that she is willing to work diligently towards. I have only come to know her at the middle of the programme, but through speaking with her and watching stage shows together, I have already learnt she is a very determined person. I hope that she will continue to work hard and explore the world!"



Student - Kiki

"Since joining the mentorship programme, Samantha and I have gone to watch stage shows a couple of times. Finally I have met a person who has the same interest! Samantha has allowed me to learn how to speak with and be friends with adults. I now know more about what an acting career is like and the different types of dances. Even pole dancing can go onto a stage! It was eye opening to me."

IMPACT MEASUREMENT

To meet the expectation for accountability and transparency in the charity sector, we have an impact measurement system to track the progress of our students.

We are fortunate to have two credible human resource experts, Mr Andy Tsui (former Director of Training and Development of PCCW Group) and Ms Elaine Chan (former Head of Human Resources in Merrill Lynch Asia Pacific Limited), to develop our system. The key attributes we track include Discipline, Sportsmanship, Perseverance, Independence, Teamwork and Confidence. We expect 70% of our students to improve in these 6 attributes after their 2 year training. Each student fills in self-evaluation questionnaires a few times in their

2-year training. The collected statistics allow us to track students' growth and adjust training focus when needed. Coaches, parents and our staff members are also invited to observe and evaluate students' performance.

In addition to student self-evaluation, parents take part in semi-annual focus groups to discuss students' behaviours outside classes. When the programme ends, students and their parents take part in exit interviews. Our coaches and staff members provide constructive feedback to students during the interview, and help students set up goals for their future development.

The following are some comments from the focus groups:

Wing Yan's Parents: "Sports has really changed Wing Yan. No matter what she does now, she is a lot more committed. She does not give up that easily anymore."

Yu Pui and Yu Kuen's Parents: "Sports has made Yu Pui and Yu Kuen work better with others. Most importantly, they have become more disciplined."

Our home visit on the 6th of March 2015 and evaluation session



Our regular focus groups and exit interviews



Outside the evaluation framework, we conduct home visits, so that we can learn more about our students' living conditions and their difficulties. We provide advice and suggestions and also make appropriate referral to professional parties when necessary.



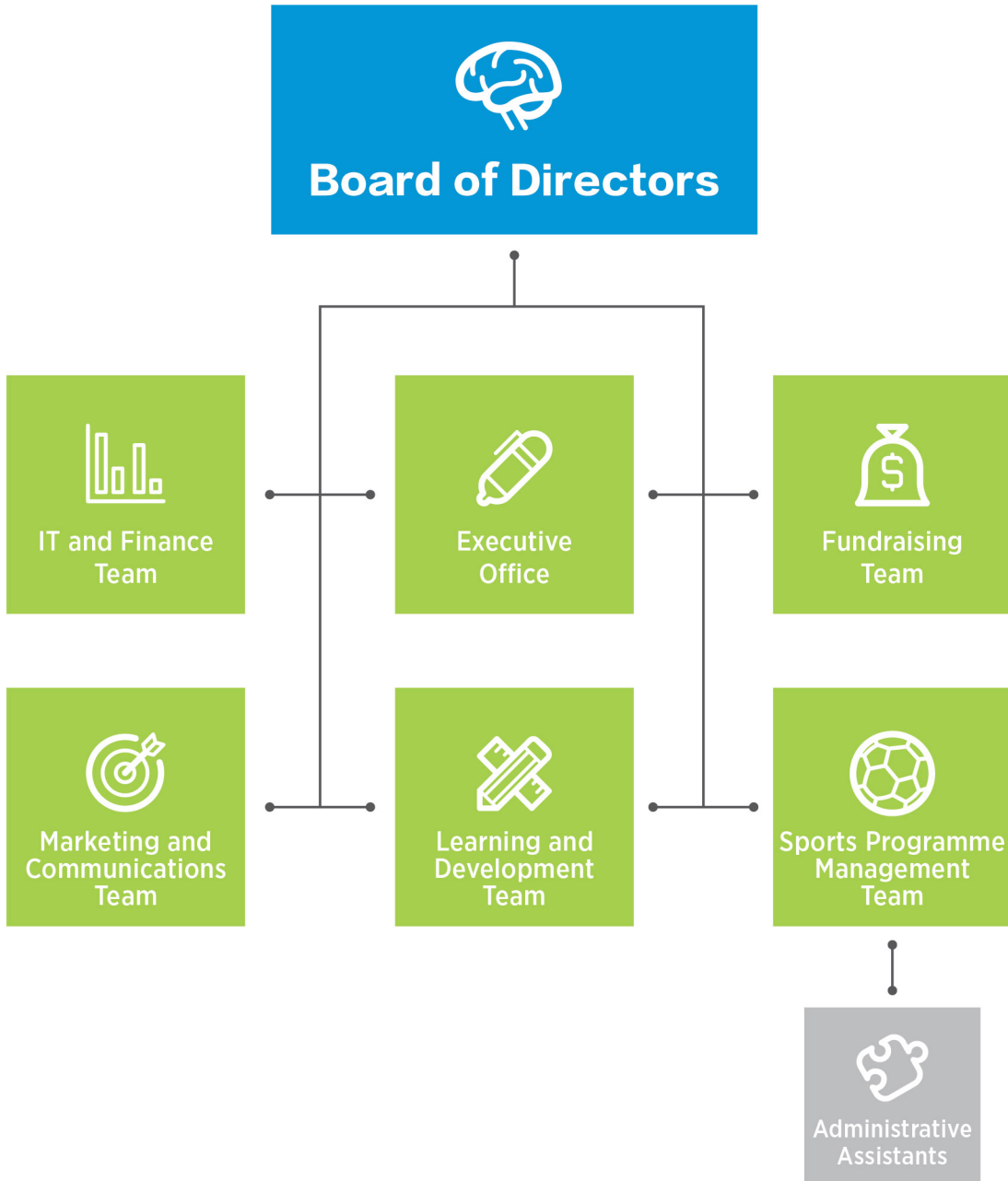
OUR TEAM

We have a team of young and passionate professionals from various disciplines who volunteer to run InspiringHK. Although they are not paid, their enthusiasm, dedication and quality of service is second to none.

We also have a team of Advisors from various sectors with extensive management knowledge and experience.

OUR ORGANISATIONAL CHART

Our organisation is divided into 6 teams, each serving a different function to ensure the organisation operates smoothly.



OUR BOARD OF DIRECTORS



Zimon Chan
Chairman and Executive Director

Mr Zimon Chan leads the Board of InspiringHK and takes responsibility to ensure good governance, sustainability and strategic development of InspiringHK.

He is a Physical Education Subject Panel Chairman at a local secondary school and sits on the Curriculum Development Council Committee to develop the local physical education curricula. He was an awardee of The 2015 Hong Kong Youth Service Award. He was an Assistant Coach of the HK Boys' and the HK Girls' Youth Volleyball Teams, and now sits on the HKSF Volleyball Technical and Selection Sub-Committee. He holds a BED (Hons) from the Institute of Education and a MA (Hons) in Liberal Studies from HKUST. He also completed the International Level 1 Volleyball Coach Course in Thailand.



Judy Kong
Chief Campaigner and Executive Director

Ms Judy Kong leads all functional departments of InspiringHK, including sports programme management, learning and development, marketing and communications, fundraising and business development, finance and media relations.

She was a Corporate Social Responsibility Manager for a multinational company. She holds a Bachelor's degree of Global Business Studies from CUHK and a Master's degree of Social Work from HKU. She is also a registered social worker.



Gary Wong
Founder and Non-Executive Director

Mr Gary Wong oversees the strategic development of InspiringHK.

He was a Deputy Head of Sales in a listed chemical company running a business unit of project coating in Greater China with P&L responsibility. Before taking a management executive role, he worked in a global management consulting firm. He holds a BA from HKU and an LLB from the University of London. He is a British Chevening Scholar and holds a Master of Studies (MSt) in Diplomatic Studies at the University of Oxford.



John Chan
Executive Director

Mr John Chan oversees the financial operations of InspiringHK and ensures that relevant controls are in place for the financial stability and transparency of InspiringHK.

He sits in a Financial Controller's team of a leading logistics company in China. He holds a MBA from the University of Oxford, an MSc in Account and Finance from the London School of Economics and Political Science, a BBA from the City University of Hong Kong, as well as an ACA qualification



Lisa So
Non-Executive Director

Ms Lisa So oversees legal, compliance and governance issues of InspiringHK. She is also our Chairperson of the Audit Committee.

She is Legal Director of a multi-national company. She is a Solicitor and holds a LLB and a PCLL from HKU and a LLM from King's College London.



Winnie Ho
Non-Executive Director

Ms Winnie Ho oversees the strategic development, public affairs and community engagement of InspiringHK.

She is Director of the Managing Director's Office of a listed real estate development and investment company. Prior to this position, she held senior positions in Public Affairs in other listed companies in Hong Kong and was an Administrative Officer in the HKSAR Government for 13 years.

She holds a BA and a Master's degree in International and Public Affairs from HKU and a MA in Anthropology from CUHK.

Our Team

OUR EXECUTIVE OFFICE

Our Executive Office, consisting of 2 full-time staff, is dedicated to the rapid development of InspiringHK.



Wong Yee Lok
Development Officer

Background and role

Ms Wong Yee Lok holds a Bachelor in Economics and Finance degree from HKU. Ms Wong Yee Lok focuses on the growth and development of the foundation, focusing on fundraising and expansion. She also ensures effective communication between various stakeholders to support InspiringHK's operations.

Involvement in sports

Wong Yee Lok is very into ball games, especially softball, volleyball, handball and table tennis. She is a member of the Hong Kong Softball Team. Outside ball games, she has just started long-distance running as well.



Chan Yin Yu
Programme Coordination (Sports)

Background and role

Chan Yin Yu graduated from the University of Hong Kong, majoring in Earth Sciences. In InspiringHK she is the Sports Coordinator, responsible for the organisation and coordination of sports programmes.

Involvement in sports

She used to involve in figure skating, now she enjoys softball and scuba diving.

Because of her major, she also hikes very often.

Our Team

OUR VOLUNTEER EXECUTIVES

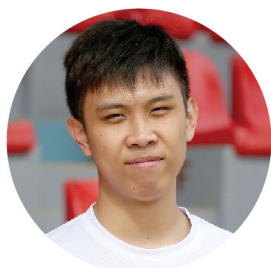
Sports Programme Management

Our Sports Programme Management team plans and implements sports programmes for InspiringHK.



Wai Lam
School Coordination Manager

Mr Wai Lam is an inclusive education assistant at a local secondary school. He currently ranks number one in Hong Kong in the Sports of Rouliqiu (Men's Single). He holds a Bachelor of Social Sciences (Honours) in Sports and Recreation Leadership from HKBU and a Master of Science in Human Resource Management and Organisational Behaviour from Lingnan University.



Alex Luk
Executive Officer
(Sports Programme Management)

Mr Alex Luk is a full-time undergraduate student in HKU, majoring in Accounting and Finance



Wong Man Yuk
Executive Officer
(Sports Programme Management)

Ms Wong Man Yuk is a full-time undergraduate student in HKU, majoring in Sociology and minoring in Counselling.

Learning and Development

Our Learning and Development Managers are responsible to plan, implement and evaluate the Learning Experience Activities of InspiringHK.



Rita Fan
Learning and Development Manager

Ms Rita Fan was a project manager in the city's largest youth service organisation, committed to nurturing young leaders. She holds a Bachelor of Social Sciences and a Master of Social Sciences (Social Service Management) from HKU. She is currently pursuing a Master of Social Sciences in Education Psychology.



Brenda Cheung
Learning and Development Manager

Ms Brenda Cheung is a Building Surveyor of a listed real estate company. She holds a BSc in Surveying from the City University of Hong Kong.



Leslie Tang
Learning and Development Manager

Mr Leslie Tang is an Assistant Marketing Manager at a listed real estate company. He is a City University of Hong Kong graduate and holds a Master's degree in Marketing from CUHK.



Feanca Chu
Learning and Development Manager

Ms Feanca Chu is a biology teacher at a local secondary school. She holds a Bachelor of Science (Environmental Life Science) and a Master of Education (Science Education) from HKU.

Fundraising

Our fundraising managers connect us with organisations and leverage community resources to benefit our students.



Eddie Chow
Business Development Manager

Mr. Chow is the Chief Operating Officer at a finance company and an entertainment company. Both are listed in the Hong Kong Stock Exchange.

He is concurrently Non-Executive Director in a leading Korean online social casino gaming developer/operator. He was formerly a director at a venture capital.

He holds a BEng (Civil Engineering) from HKU.



Vincici Hui
Partnership Manager

Ms Vincici Hui focuses on developing and maintaining corporate partnerships for InspiringHK.

She is Talent Acquisition and Development Senior Officer at a listed property development company, an Accredited Mediator, as well as a Sports Presenter and Commentator on TV. She was an outstanding athlete and represented Hong Kong in triathlon for 8 years. She holds a Bachelor's degree in Policy Studies and Administration from the City University of Hong Kong.



Natalie Leung
Executive Officer

Natalie Leung is a year 3 student at the University of Hong Kong, majoring in Politics and Law.

Marketing and Communications

Our Marketing and Communications team promotes the work of InspiringHK and ensures communications is seamless.



Natalie Mok
Marketing Manager

Ms Natalie Mok focuses on marketing for InspiringHK. She is an Advisory Associate at an international professional services firm. She holds a Bachelor's degree in Finance from The University of Texas at Austin.



Jennifer Lo
Marketing Manager

Jennifer Lo focuses on marketing for InspiringHK. She is an Assistant Manager of a leading beauty company. She holds a Bachelor degree in Arts and Education from the University of Hong Kong.



Nikki Chan
Social Media Manager

Ms Nikki Chan manages our social media platforms. She is a project executive in a digital agency, where she manages projects. She holds a Bachelor degree in communications from the University of Washington in the US.



Cheryl Lau
Brand and Public Relations
Manager

Ms Cheryl Lau manages our public relations and builds our brand. She is a freelance branding and marketing professional with over 9-years of experience in the industry. She holds a Bachelor of Commerce degree in Economics and Finance from the University of Guelph in Canada.



Christopher Tse
Communications Manager

Mr Christopher Tse focuses on improving internal and external communications for InspiringHK. He is a Group Compliance Officer of an international bank. He holds a BSc in Accounting and Finance from the University of Warwick and a MSc in Accounting and Finance from the London School of Economics and Political Science.



Ng Houyu, Jonathan
Executive Officer

Mr Ng Houyu, Jonathan is a full-time undergraduate student in HKU, majoring in Translation.

IT and Finance

Our IT and Finance Team works in the background to ensure our finances are transparent and operations run smoothly.



Sunny Leung
Finance Manager

Mr Sunny Leung focuses on the finance and internal controls of InspiringHK. He is a Senior Finance Manager in a listed company, as well as a Certified Public Accountant (CPA), a Certified Internal Auditor (CIA) and a Certified Information Systems Auditor (CISA). He holds a Bachelor's degree in Economics and Finance from HKU.



Jack Chen
IT Manager

Mr Jack Chen is the Technical Director at Sky Matters Limited. He has over 7 years of information technology related experience from founding and working at technical consultancies, 4A agencies and start-ups. He holds a Bachelor's degree in Electronic and Communication Engineering and a Master's degree in Computer Science from HKU.



Harvey Lo
Procurement Manager

Mr Harvey Lo is a Physical Education Teacher at a local primary school. He is also a Chairman of the Physical Education and Public Affairs Panel, where he is responsible for procurement and upkeep of school premises. He is also a member of the Discipline and Guidance Team of the school. He holds a BEd (Hons) in Physical Education from the Institute of Education and a Master's degree in Educational Guidance from HKU.

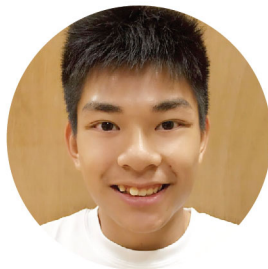
Administrative Assistants

Our team of part-time Administrative Assistants provides front-line support to the running of our programmes.



Jacky Lau
Part-time Administrative Assistant

Mr Jacky Lau is a full-time undergraduate student in Hong Kong Shue Yan University, majoring in Economics and Finance.



Chui Kwok Kin
Part-time Administrative Assistant

Mr Chui Kwok Kin is a full-time Associate degree student in HKBU College of International Education, majoring in nutrition and food management.



Hun Man Lai
Part-time Administrative Assistant

Mr Hun Man Lai is a full-time associate degree student in Hong Kong Baptist University College of International Education, majoring in Sport and Recreation Studies. He is a member of the Hong Kong Baseball team.



Derek Lee
Part-time Administrative Assistant

Mr Derek Lee is a full-time associate degree student in Hong Kong Baptist University College of International Education, majoring in Sport and Recreation Studies.



Leung Tsz Yan
Part-time Administrative Assistant

Miss LEUNG Tsz Yan is a full-time undergraduate student in HKBU, majoring in Physical Education and Recreation Management. She is also the captain of the Hong Kong Softball team.



Partnership # charity # equality

OUR PARTNERS

With hard work and results, InspiringHK has built an extensive network of corporate and non-corporate partners and received various kinds of support. Without them, InspiringHK would not be where it is today. We offer our heartfelt gratitude to our partners and hope that our partnership will continue to flourish!

Our Partner

Our Corporate and Foundation Partners

The following partners have provided unrestricted funding to support InspiringHK. We are most grateful for their generous support.



[Chinese Estates Holdings Limited]



[Shih Wing Ching Foundation]

NG TENG FONG
CHARITABLE FOUNDATION
黃廷方慈善基金

[Ng Teng Fong Charitable Foundation]



[Tsit Wing Coffee Co. Ltd]

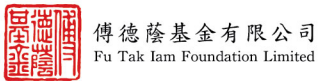
CLYDE & CO
其禮律師行

[Clyde & Co]

LUSH
FRESH
HANDMADE
COSMETICS

[LUSH]

InspiringHK is also most grateful to the following partners who provide specific funding to support certain sports programmes.



[Fu Tak Lam Foundation Limited]



[Coils Electronic Co. Ltd]
(the owner of 759 store, a discount supermarket)



[International Payment Solutions Limited]

Title sponsor for *TENNIS Inspires!* Yuen Long and Kwai Tsing classes between March 2015 - Feb 2017

Title sponsor for *HOCKEY Inspires!* (Tuen Mun) and *WOMEN'S FOOTBALL Inspires!* Kwun Tong classes between Sep 2014 - Aug 2016

Title sponsor for *RUN Inspires!* Sham Shui Po and Kwun Tong classes between April 2015 - April 2016



[Operation Santa Claus]
(jointly organised SCMP and RTHK)



[Dah Sing Bank Limited]

We are grateful to Operation Santa Claus for their sponsorship of all *FENCING Inspires!* classes between April 2016 - March 2018

Title sponsor for *ROPE SKIPPING Inspires!* Shatin class between Apr 2016 - Mar 2018

Our Non-Corporate Partners

We have also benefited from generous organisations providing pro-bono services and in-kind donations.

Pro-bono and Charitable Partners



EQS Asia Ltd. / EQS TodayIR Ltd.

provided website hosting and logo design service



Focus Asia CPA Limited

provided discounts for external auditing and secretarial service



Les Escrimieurs

is our venue provider of all *Fencing Inspires!* classes



Hong Kong Rope Skipping Club

provided free performances in public events

- **Andy Yiu Visual Arts Association, Mr Mike Chan** and **Studio Anderson** provided photography services
- **Friends of Asia** and **UBS Hong Kong Open** provided free admission tickets for the Spectator Village in the UBS Hong Kong Open Charity Cup
- **Hong Kong Tennis Association** provided free admission tickets for Hong Kong Tennis Open 2015 and opportunities for students to escort world-class players into the court
- **Maywood Travel** provided 5 free quota for participating in the Guangzhou marathon
- **Memoriki** provided office space
- **Mr. Andy Tsui** and **Ms Elaine Chan** from Talent Strength provided free professional consulting service on impact measurement

Charities, School and NGO Partners

- **Canadian International School of Hong Kong** co-organised football friendly match in October 2015 with us
- **Habitat for Humanity** helped arrange elderly service as Learning Experience Activities
- **Hong Kong Federation of Youth Groups Jockey Club Tin Yiu Youth S.P.O.T.** recruited students for *TENNIS Inspires!* Yuen Long class
- **Hong Kong Sheng Kung Hui Kowloon City Children & Youth Integrated Service Centre** helped recruit students for *ROPE-SKIPPING Inspires!*, arranged visits to elderly homes and provided rope-skipping venues.
- **Hong Kong Sheng Kung Hui Shatin Children & Youth Integrated Services Centre** helped recruit students for *ROPE-SKIPPING Inspires!* Shatin class and provided rope-skipping venues.
- **Our Lady of China Catholic Primary School** helped recruit students for *WOMEN'S FOOTBALL Inspires!* Kwun Tong class
- **Pok Oi Hospital Mrs Lee Ho Siu Fong Memorial Children and Families Development Centre (Butterfly Bay)** helped recruit students for *HOCKEY Inspires!* Tuen Mun class
- **Pok Oi Hospital Yuen Yuen Institute Children & Families Development Centre** helped recruit students for *TENNIS Inspires!* Kwai Tsing class
- **Wai Kiu College and Nam Wah Catholic Secondary School** helped recruit students for *DANCE Inspires!* Wong Tai Sin class

Our Fundraising Campaigns



148%
已集資

HK\$74,332
已獲支持，目標為 HK\$50,000

已集資
2016年1月4日

FringeBacker.

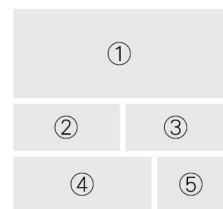
開始日期：2015年12月4日
項目結束：2016年1月4日



“Sports as a Christmas Gift” Fringebacker Fundraising Campaign

On 20th December 2015, we celebrated our 3rd Anniversary and Christmas with our students, parents, and guests. In the event Rex Tso, our new InspiringHK Ambassador, led over 200 students and friends to finish 10,000 pushups that helped us raise HKD 74,332 on a crowdfunding platform, exceeding our target of HKD50,000 by 48%!

The funds will go to starting our new *SWIM Inspires!* programme, dedicated to South Asian girls.



①②③Rex Tso and our athlete supporters took the lead in doing push ups with our students ④⑤Representatives of InspiringHK partners and our students took many presents home, marking a meaningful and memorable Christmas!

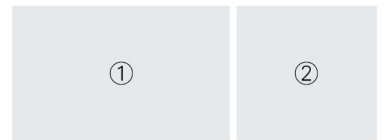


UBS Hong Kong Open Charity Cup

The UBS Hong Kong Open's Charity Cup took place at the Hong Kong Golf Club on 28 October, 2015. Over HK\$1 million was raised from player entry fees and this sum was matched by Friends of Asia Hong Kong, bringing the total amount generated to HK\$2.3 million which benefited 3 charities - InspiringHK Sports Foundation, Playright Hospital Play Services and The Autism Partnership Foundation.

Caleb Chan, Founder of Friends of Asia Hong Kong, was delighted with the outcome: "All three of these organisations do an incredible amount of work in the community to improve the lives of disadvantaged and ill Hong Kong children and youth. Funds, like those raised from the Charity Cup, are the life-blood of these charities, and many others, and it's wonderful that an event such as the UBS Hong Kong Open can serve a wider purpose in helping these organisations."

InspiringHK Sports Foundation is grateful that it will receive one third of the sum to start *GOLF Inspires!* In September 2016.



① InspiringHK Sports Foundation is very grateful for being part of this event and receiving recognition from the sponsorship bodies ② *ROPE SKIPPING Inspires!* Kowloon City class performed alongside top performers such as world record holder Timothy Ho!

Our Fundraising Advisors

Our fundraising advisors are outstanding and experienced individuals that put us in touch with the right parties to garner resources for our students.



Mr. Anthony Ngai

Head of Asia Credit Training,
J. P. Morgan Hong Kong



Ms. Bonnie So

Secretary General of the Hong Kong Red Cross
Member of the Field Assessment and Coordination Team of
the International Federation of Red Cross and Red Crescent Societies
Founding Chairperson of the Face-to-Face Monthly Giving Alliance
Awardee of the Ten Outstanding Young Persons Award



Mr. Winson Woo

Partner, Ernst & Young

OUR FINANCE

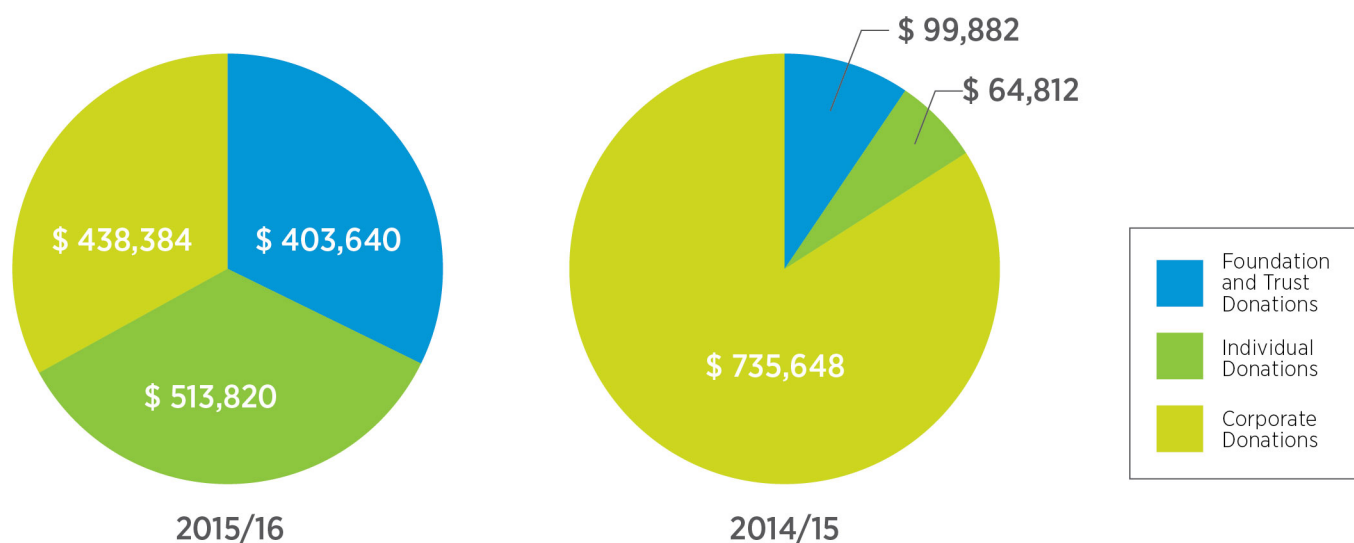
Focus Hong Kong CPA Ltd. audited our financial statements and certified accountants kept our accounts and books.

Income and expenditures in the past 2 years:

	2015/16 <small>(Hong Kong Dollars)</small>	2014/15 <small>(Hong Kong Dollars)</small>
Donation Income	\$1,355,844	\$900,342
Expenditure	(\$1,466,206)	(\$338,165)
Surplus/ (Deficit) for the period	(\$110,362)	\$562,177
Surplus and reserves from previous period	\$703,422	\$141,245
Accumulated Surplus	\$593,060	\$703,422

Income is accounted for when cash is received and expenditure is accounted for on an accrual basis. In 2016, we ran a deficit of HKD\$110,362 because we utilized the reserves accumulated in previous years to facilitate program development.

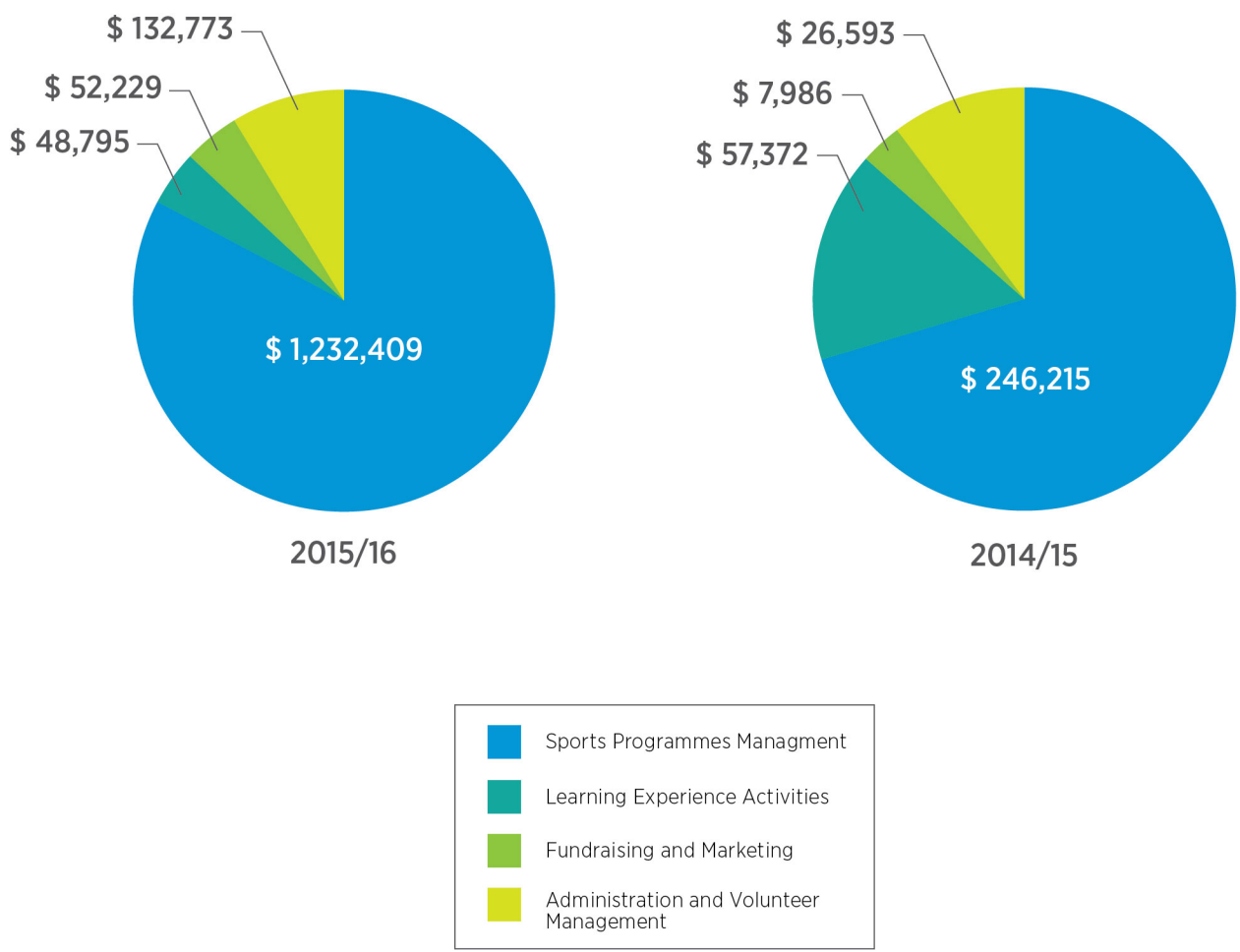
Breakdown of donations





We had a 49% increase in donation, largely thanks to generous donors. As the popularity of the organization has increased, the number of donors and the sources of funding (covering corporate donation, foundations and trusts as well as individuals but not government) have increased.

Breakdown of expenses



Our organization's robust development has led to an increase of expenses. Expenses this year increased 3-fold because the number of students reached 170 in 2016. Administrative expenses averaged at 10% in the past 2 years.

OUR MEDIA EXPOSURE

Metro Radio

Apr 2016

“Life is so happy” Interviews InspiringHK Sports Foundation



AM730

Mar 2016

Run with Positive Energy



AM730

Feb 2016

Like Learning and also Like Sports



HKEJ

Jan 2016

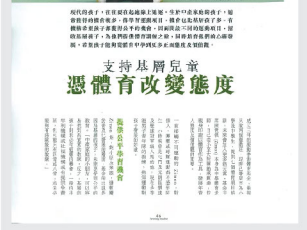
Rex Tso on his 18th Successive Win - Breakthrough Comes with Perseverance



Parenting Headline

Jan 2016

Changing the attitude of underprivileged youths and bringing about change to their lives



SingPao

Dec 2015

InspiringHK unites community for charity



SCMP

Oct 2015

UBS Hong Kong Open Charity Cup Ready to Spread Goodwill



Oriental Daily

Oct 2015

5 Youths Commended by Hong Kong Federation of Youth Groups for Serving Society



Hong Kong Economic Journal

Nov 2015

The 2015 Hong Kong Youth Service Award - Stories of Contributing to Hong Kong



Oriental Daily

Dec 2015

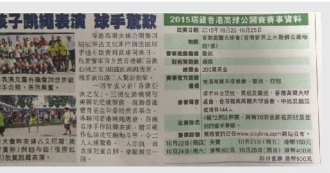
Rex Tso doing push ups on hard core mode for charity



Sing Tao Daily

Oct 2015

Golf Champions Applaud Rope Skipping Performance by Children



TVB News

Sep 2015

Charity Provides Sports Courses to Underprivileged Youth



Headline Daily

Oct 2015

Outstanding Volunteers - Role Models for the Community



HKEJ

Oct 2015

Corporate Social Responsibility helps grassroots community



Commercial Radio

Aug 2015

“When I Was Young I Listen To The Radio” Interviews InspiringHK Sports Foundation



HKFYG M21 Channel

May 2015

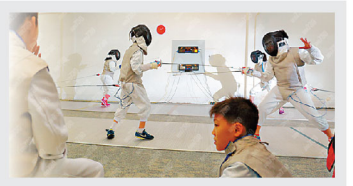
Schoollike Interviews InspiringHK's Chief Campaigner Mr Zimon Chan



AM730

May 2015

Broadening Horizons, Developing Determination – Sports Change the Fate of Underprivileged Youth



Apple Daily

Jul 2015

African Brothers Integrating into Society through Rope-Skipping



Apple Daily

Jul 2015

Hockey Develops Underprivileged Youth



Apple Daily

Jul 2015

Two-year Exclusive Sports Classes Free for Underprivileged Children!



Apple Daily

Jul 2015

Future Fencing Talent Benefits From Free Fencing Class



Runner

Jul 2015

Ambition – InspiringHK's Singh Mandep



Cable TV

May 2015

Small Acts, Big Meanings – Bringing Starting Lines Closer



Now SPORTS Everyday

May 2015

Interview with InspiringHK on Fencing Class



Now SPORTS Everyday

May 2015

Interviewing our RUN Inspires! Students @ Beat the Banana Charity Race

