

2017-18

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Vision, Mission & Strategy

InspiringHK Sports Foundation (IHKSports) is a Hong Kong-based charity. It was founded in 2012 and became tax-exempt under Section 88 of the Inland Revenue Ordinance of Hong Kong in November 2013. We are a member of the Hong Kong Council of Social Service and listed on Wisegiving for our governance and transparency compliance. In 2015, we won the Hong Kong Volunteer Award.



Our Vision

Better Youths, Through Sports

Our Mission

Sports & Social Mobility

We empower underprivileged youths by providing equal sports training opportunities to instill in them good sportsmanship.



Sports & Gender Equality

We promote and facilitate equal access to sports training for youths regardless of gender.



Sports & Social Inclusion

We realise potential of youths through sports training irrespective of ethnicity, religion and disability.



Sports & Healthy Lifestyle

We encourage youths to live a healthy lifestyle by taking part in sports.

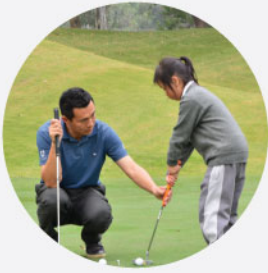


Our Strategy

We carry out our mission through professional sports training, learning experience programmes and advocacy activities.



Our Beneficiaries



Financial Criteria

- Be under a household which is beneficiary in the Comprehensive Social Security Assistance (CSSA) Scheme; or
- Be a beneficiary in the School Textbook Assistance Scheme, the Financial Assistance for Primary and Secondary students; or
- Live in poverty and referred by a registered social worker/an NGO



Non-Financial Criteria

- Good interview performance;
- Proactive, willing to learn, eager to improve and interested in sports;
- Youths between 8 to 14 years old are given priority.

For advocacy activities, we no longer restrict IHKSports to serve the underprivileged only. As one of our missions is to promote healthy lifestyle of young people in Hong Kong.

However, given limited resources, underprivileged children and youth who meet our original beneficiary criteria will still be given priority to participate in the advocacy activities.



Our Strengths



Dedicated team of volunteers with diverse professions to serve as Directors in the Board and Executive Managers



Multiple sources of donation and a wide range of supporting partners to provide us with all kinds of monetary and non-monetary support



Support from Hong Kong's elite athletes who act as our ambassadors and supporters

Chairman's Message



We see the unprecedented advancement of technology. Most establishments, even non-profit-making organisations, have to make use of technology to increase operational efficiency in order to maintain good governance and competitiveness. As an educator, equipping youth with future-ready skills has become one of our priorities.

Jack Ma, who founded e-commerce giant Alibaba, once said that in the future era of big data and artificial intelligence (AI), most of the jobs will be replaced by AI. However, there are a few exceptions: they are music, sports and arts. He stated that doing sports is an important element to build the sense of teamwork among children. And through competing in sports, children can learn to solve problems and conflicts.

Our foundation shares the same vision with Jack Ma. Therefore, since 2012 we have been nurturing youth with sports, in the hope to increase the social mobility in Hong Kong. From last year, we began to broaden our vision to new frontiers.

In September 2015, global leaders convened at the United Nations Sustainable Development Summit and subsequently approved the 2030 Agenda for Sustainable Development. In one of the resolutions passed, it states that sport is an important driver to build peace and promote sustainable development.

To further realise the UN Sustainable Goals, we have officially set our vision to "Better Youths, Through Sports". Apart from social mobility, we have also added the enhancement of promoting gender equality, social inclusion and healthy lifestyle to our missions.

Thanks to the strong full-time and volunteering team, IHKSports has made significant progress this year in terms of amount of fund raised, number of students served and total learning hours. In the fiscal year of 2017-18, we have raised \$3,343,864 in total, attributed by enterprises (19%); private foundations (51%); clubs and associations (18%) and personal donations (12%). The total amount of fund raised is a 6% decrease compared to the previous fiscal year. Yet, our foundation has new projects and initiatives in the pipeline to secure more resources in the following year. This year, the total expenditure has surpassed HKD \$3,000,000, 74% of the fund goes directly to the operation of sports classes. We remain committed to spending every penny well.

The Foundation sees a substantial growth and to further strengthen our governance and maintain financial resources, our first paid Chief Executive was appointed in September 2017 to manage the full time team and the daily operation of the Foundation. We are also joined by a new Ambassador and more than ten new Athlete Supporters. Building on their influence, we hope to raise public awareness and acquire more support towards sports and IHKSports. As such I would like to offer my sincerest gratitude to all our Advisors, Athlete Supporters and Donors so that we can continue to carry out our mission.

As a tax-exempt charity, we hold the transparency of our organisation in high regard and strive to hold ourselves accountable to society at all times. This year we organised eight Directors' Meeting to ensure our Foundation could quickly adapt to new challenges.

Furthermore, we held the Annual General Meeting last year in November and fully disclosed our internal audit report to the public. These important pieces of information will be made available in the public domain. We also set up independent committees and invite independent professionals from different sectors to monitor our finances.

The Board of Directors value internal communications with the operation team. Therefore in January 2018, all members were invited to join a meeting and were given a chance to contribute to shaping the future direction of IHKSports. The directors shared their vision with the attendees and was followed with a constructive discussion.

In the coming year, while searching for alternatives in the way we deliver our work, we remain loyal to our mission, that is to "better youth, through sports". We hope to augment and amplify the positive impact of sports, and to create more hope and good deeds for the society.


Zimou Chan | Chairman

Chief Executive's Report

I officially withdrew from the Board of Directors in August 2017 and was formally appointed as the first Chief Executive of the Foundation in September 2017. First, I would like to thank the Board of Directors for entrusting me with the task to further establish a firm foothold for the Foundation.

"Start-up" seems to be the buzzword of the year and the social service sector is no different. The vision to contribute to society is shared by many other young and seasoned founders. They are injecting the sector with new ideas, connects and values. Some organisations even fuse technology and innovation into their work, creating an effective delivery of services.

Our organisation became tax-exempt in 2013 in accordance with Section 88 of the Inland Revenue Ordinance. Since then, we began to offer free long-term sports training and learning experience activities to underprivileged youth, which could be considered as revolutionary at that time.

Now, we are pleased that our vision is shared by more philanthropic individuals, enterprises, charities, youth organisations and sports associations. Free long-term sports training is no longer offered by sports charities like IHKSports only. Thus, our organisation has to remain innovative to cater to the needs of society and supersede the public's expectation of a charity. Applying technology in our work, managing our pool talents and connections, making sure the appropriate use of the fund and building a solid foundation are the main tasks for my first eight months as the Chief Executive.

In the financial year of 2017-2018, IHKSports has recorded 20,421 hours of sports activities attributed by 382 students from 22 different sports classes including dance, fencing, hockey, golf, rope-skipping, running, shuttlecock, swimming, women football, taekwondo and tee-ball. Our students participated in 49 open competitions and performance sessions. We have organised 18 learning activities with a total of 1,812 hours, broadening students' horizons outside of academics and sports.

We are also motivated to see the consistently satisfactory attendance rate among our primary and secondary school sports classes. In an assessment, at least 70% of our students have shown improvements in discipline, sportsmanship, attitude, perseverance, self-reliance, teamwork and self-esteem. I would also like to announce that a more comprehensive impact measurement, formulated with inspirations from international organisations of similar nature to IHKSports, will be introduced in our sports classes from September 2019.

Apart from offering sports training classes, advocacy for youth in Hong Kong is equally important. We would like to highlight a few initiatives here. First, we have met with the government official from the Education Bureau twice to share our thoughts on the educational policies related to sports and about the services provided by our organisation.

Second, we have launched a brand new campaign - SportsHour. This initiative, which takes inspirations from a recommendation put forward by the World's Health Organization, aims to promote the idea of exercising for at least an hour every day to Hong Kong's youths. We hope to facilitate omnichannel promotion of the campaign and engage more members of the public to realise the importance of sports.

Last, I would like to convey my heartfelt gratitude to all parties who have made a contribution to support our students. My appreciation also goes to all the volunteering directors, volunteering committee members, staff members, schools and other local partners who help develop and expand our services and network.

I pledge to our supporters that in the upcoming year we will capture as much valuable advice from our advisors and the board of directors as possible, work restlessly to promote our strategies, visions and missions, to utilise related technology in our work, to call for more support and to serve more youths.



Judy Kong

Judy Kong | Chief Executive

ORGANISATIONAL GOVERNANCE AND OPERATIONS

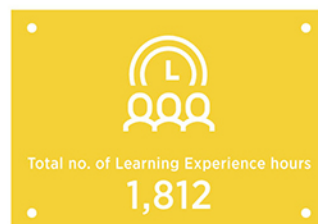


"Sports" and "Charity" are the foundations of IHKSports, these two core values are the main reasons why various stakeholders have come together to promote youth development with us. Our Advisors contribute their professional knowledge and social network. With their valuable advices, IHKSports lays a solid foundation and strikes to sustain a long-term development. Our Ambassadors and Athlete Supporters not only share their experience and help us to develop further, but they also act as excellent role models for our youths.

IHKSports has a team of volunteers, which they spend their valuable free time unconditionally by providing time and professional knowledge and sparing no effort to understand the grassroots by home visits. Our full-time staff are all passionate youngsters, they support our day-to-day operation of the organisation. Our Board Members focus on enhancing the sound financial management and governance and upholding the vision of "Better Youths, Through Sports".

Highlights of 2017-2018

Key Numbers 2017-2018



SPORTS & LEARNING EXPERIENCE ACTIVITIES

Annual Home Visit

In May 2017, IHKSports' team members together with over 15 athlete supporters and sponsors, visited IHKSports' students and their families. They shared their stories and experiences with the students, and brought them a lot of positive energy! All participants said the annual visit is extremely meaningful. Not only can IHKSports communicate with the students' parents, but also gain a deeper understanding on their learning progress, so that better we can manage better in the future.

We specially express our gratitude to our ambassadors - Mr Chan Ka Ho, Ms Yiu Kit Ching and Mr Ho Chu Ting, and our athlete supporters, including Mr Kenneth Chiu, Ms Hayley Chan, Ms Vincci Hui, Ms Sonia Kong, Ms Lui Lai Yiu, Mr Siu Cheong Hung, Ms Angel Wong and Ms Cecilia Yeung for their generous support and active participation. All the athletes need to undergo endless hardwork and perseverance before achieving success. Through sharing their own assiduous experiences with the students, it is hoped that our students will be inspired to possess the attitude of persistence to strive for their own interests and goals.



GOVERNANCE

Six New IHKSports Advisors Join IHKSports

IHKSports is honored to welcome Dr. Lam Ching Choi, Ms. Shalini Mahtani, Dr. Alex Ng and Dr. Sandra Tsang to our board of Honorable Advisors. With their professional experience in education and public health, they provide us with invaluable guidance and advice toward the achievement of our four mission statements.

The organisation is also honoured to welcome Mr. Stephen Wong, CEO of Asia Miles and Mr. Sunny Wong, who are generous to donate their valuable time and experience to become our Marketing Strategy Advisors.



Annual General Meeting 2017

IHKSports organised the Annual General Meeting on 26th October 2017. The event emphasised on openness and transparency and was where we announced our services and shared in details our new direction of development in nurturing better youths through sports and fully disclosed our financial situation to the public. Our vision is supported by a majority of people in the community, including Mr Bernard Chan GBS JP, Convenor of the Executive Council of HKSAR Government and Ms Angel Wong and Mr Kelvin Ng, our Athlete Supporters.



Appointment Ceremony of Ms Chan Yuen Ting as our Sixth Ambassador

Held concurrently with the Annual General Meeting, is the Ambassador Appointment Ceremony for Ms Chan Yuen Ting. Ms Chan Yuen Ting is the first woman to coach a male football team and is the only one female coach in the world who lead a men's professional football team to the championship of a region's top league. The Lingnan University of Hong Kong conferred a honorary fellowship upon Ms Chan in recognition of her contribution to the development of the local football landscape. It is our honour to have Ms Chan as our ambassador as we firmly believe that her stories and experiences can set our students a good example.



Formation of Functional Sub-Committee and Annual Retreat 2018



In 2017-2018, IHKSports set up the following sub-committees to enhance its organisation governance: Finance Committee, Remuneration Committee and Fundraising Committee. In February 2018, IHKSports invited Mr. Sam Wong, Mr. Dhruv Sah, Mr. Alvin Cheung and Mr. Vincent Tsui to share the latest trends in sports, technology, social impact assessment and marketing with all the full-time staff and volunteers. Inspired by the guest speakers, the team had come up with numerous creative proposals to ensure sustainable organisational development.

Our Talent

Our organisation is mainly run by a team of volunteers who selflessly dedicate their professional skills and time. They serve as Directors in the Board and Executive Managers in the seven teams below. A total of 27 volunteers regularly spend at least 6 hours per week visiting classes, attending both internal and external meetings, and working at IHKSports' office or from home to support our administrative work and long-term development.

Converting their time spent (at least 8,424 hours annually) into financial donation means IHKSports benefited from at least HKD 1 million worth of human capital expenses.

Our full-time staff member has grown to a 5-person team in 2017-2018, they oversee the day-to day-operation of the organisation.



Learning for staff and volunteers

As a young organisation, IHKSports capitalises on every opportunity to learn from others.



Executive Meetings

In 2017-18, we held 5 bi-monthly executive meetings to ensure that the full volunteer executive team and the full-time team are on the same page regarding the latest development of the organisation and to contribute to key discussions. We debated for better ways to serve, shared our expertise in various aspects and of course, held birthday parties for our hard-working team members!

Dialogue with Mr John Wood

We had the pleasure to spend a very short yet insightful evening with Mr. John Wood, who is the founder of Room To Read, one of the fastest-growing nonprofits in the world. We thank John for his advice on what it takes to reach people on a broader and deeper level.



Hiking with Mr Shih Wing Ching

IHKSports students, volunteers and staff were joined by Mr. Shih Wing Ching, Founder of property agency Centaline for a hike to the Jardine's Lookout and Mount Butler. Mr Shih shared interesting life stories and his valuable perspectives on charity work, making this quarterly team event an exceptionally fruitful one.

Regular informal team learning circle and gathering

To strengthen our team spirit and facilitate better teamwork, the volunteer team has organised various unofficial team learning and gathering such as Summer BBQ, Chinese New Year hiking and Christmas gathering. The highlight for the team this year was to attend the wedding ceremony between two of our volunteer committee members who got to know each other from joining IHKSports back in 2014!



Our Volunteer Board of Directors



Zimon Chan

Chairman and Executive Director

Mr Zimon Chan leads the Board of IHKSports and takes responsibility to ensure good governance, sustainability and strategic development of the organisation. He is a Physical Education (PE) Subject Panel Head at a local secondary school. He also sits on the Curriculum Development Council Committee on PE. He is an Assistant Coach of the Hong Kong Boys' Youth Volleyball Teams, and sits on the Hong Kong Schools Sports Federation Volleyball Technical and Selection Sub-Committee. He holds a BEd (Hons) from the HK Education University and a MA (Hons) in Liberal Studies from HKUST. He also completed the International Level 1 Volleyball Coach Course in Thailand and received the HK Youth Service Award in 2015.



Gary Wong

Founder and Non-Executive Director

Mr Gary Wong is Founder, Non-Executive Director and former Chairman of IHKSports. Currently, he advises the strategic development of the charity. He heads Public Affairs and Marketing in a retail portfolio comprising a number of community hubs in Hong Kong managed by a global private equity real estate fund management company. Before that, he was Director of Public Affairs in the Asia Pacific region in the world's largest membership organisation for professional learning. He is a Non-official Member of the Commission on Children of HKSAR Government, a Member of Sir David Trench Fund Committee of Home Affairs Bureau, and a Member of the Advisory Board for Master of Arts in International Affairs at Lingnan University in Hong Kong. He holds a BA from HKU and an LLB from the University of London. He is a British Chevening Scholar and holds a Master of Studies (MSt) in Diplomatic Studies at the University of Oxford.



Sunny Leung

Executive Director

Mr Sunny Leung focuses on improving the financial transparency and internal control of IHKSports. He is a Group Financial Controller in a listed company, as well as a Fellow Member of the Hong Kong Institute of Certified Public Accountant (FCPA), a Certified Internal Auditor (CIA) and a Certified Information Systems Auditor (CISA). He holds a Bachelor's degree in Economics and Finance from HKU.



Edmond Yip

Executive Director

Mr Edmond Yip oversees the strategic planning and marketing communications of IHKSports. He is an entrepreneur with special interests in childhood education and sports investment. Prior to running his own businesses, he was a management trainee and subsequently a senior manager in a multinational group listed in HK. He is a graduate of HKU with a double degree in Business Administration and Laws.



Lisa So

Non-Executive Director

Ms Lisa So oversees legal, compliance and governance issues of IHKSports. She is also Chairperson of the Internal Audit Committee. She is a Head of Legal of an international group. She is a Solicitor and holds a LLB from HKU and a LLM from King's College London.



Winnie Ho

Non-Executive Director

Ms Winnie Ho oversees the strategic development, public affairs and community engagement of IHKSports. She is Director of the Managing Director's Office of a listed real estate development and investment company. Prior to this position, she held senior positions in Public Affairs in other listed companies in Hong Kong and was an Administrative Officer in the HKSAR Government for 13 years. She holds a BA and a Master's degree in International and Public Affairs from HKU and a MA in Anthropology from CUHK. Ms Winnie Ho will be leaving the Board in end-May 2018 to pursue other personal commitments.

Our Advisors

Honourable Advisors

Behind our team, we have a list of Honourable Advisors from various sectors who also care about local youth development as much as we do! With their extensive network, they connect us with stakeholders and build rapport with them.



Dr. John Chan, GBS, JP

Non-Executive Director, Kowloon Motor Bus Company (1993) Limited and Long Win Bus Limited
Chairman and Non-Executive Director, RoadShow Holdings Limited
Deputy Chairman and Independent Non-executive Director, Transport International Holdings Limited
Independent Non-Executive Director, Hang Seng Bank Limited
Guangdong Investment Limited and Swire Properties Limited



Dr. Albert Chau

Vice President (Teaching and Learning), Hong Kong Baptist University



Dr. Alex Ng

Deputy Director of Health, China Program, Health, Innovation & Partnership, Bill & Melinda Gates Foundation
Strategic and Technology Advisory Committee Member, Chinese Consortium of Universities for Global Health
Honorary Assistant Professor, The University of Hong Kong
Council Member



Dr. Lam Ching Choi, BBS, JP

Non-Official Member of Executive Council of HKSAR



Dr. Sandra Tsang, JP

Associate Professor, Department of Social Work and Social Administration of HKU



Ms Shalini Mahtani, MBE

Founder, Community Business
Co-Founder and Chair, The Zubin Foundation



Ms. Bernadette Tsui

Director of Development and Alumni Affairs Office, The University of Hong Kong
Executive Director, HKU Foundation for Education Development & Research

Fundraising Advisors

Our fundraising advisors are outstanding and experienced individuals that put us in touch with the right parties to garner resources for our students.



Mr. Anthony Ngai

Head of Asia Credit Training, J. P. Morgan Hong Kong



Mr. Winson Woo

Partner, Ernst & Young



Ms. Bonnie So

Secretary General of the Hong Kong Red Cross
Member of the Field Assessment and Coordination Team of the International Federation of Red Cross and Red Crescent Societies
Founding Chairperson of the Face-to-Face Monthly Giving Alliance
Awardee of the Ten Outstanding Young Persons Award

Marketing Strategy Advisors

Our marketing strategy advisors are very experienced in marketing. They provides us valuable strategies in marketing our organisation.



Mr Stephen S. Y. Wong

Chief Executive Officer of Asia Miles Limited
Appointed member of the Entrepreneurship Committee Advisory Group (ECAG), Hong Kong Cyberport Management Company Ltd.



Mr Sunny Wong

Executive Director, Tibet Water Resources Ltd.
Adjunct Professor, Department of Management, School of Business at HSMC
Previous Chairman of Carlsberg Greater China

Our Ambassadors

IHKSports Ambassadors and Athlete Supporters are top elites in the Hong Kong athletic scene and are role models for our students.



Mr Rex Tso

Mr Rex Tso is a boxer who fights in the flyweight class. He holds champion titles in World Boxing Council's Asian Super Flyweight Class, World Boxing Organization's Asian Super Flyweight Class and World Boxing Association's International Super Flyweight Class. As of April 2018 he won 22 professional bouts without defeat in his career.

Mr Fong Lik Sun Alex

Dubbed the "little flying fish", Mr Alex Fong is a former HK swimming team member and holds the HK record for 200m backstroke and 400m individual medley. Besides his sports achievements, he was also selected as one of the Ten Outstanding Young Persons by Junior Chamber International in 2014.



Ms Chan Yuen Ting (Cowball)

Known as "cowball", Ms Chan Yuen Ting is the first woman coach of Hong Kong men's professional association football team and also the first women to coach a men's professional association football team to the championship of a nation's top league.

Mr Chan Ka Ho

(also our coaches for *RUN Inspires!*)

Ka Ho is the HK record holder of 3,000m run, 3,000m steeplechase, 4 x 1,500m youth relay, 4 x 1,500m relay and the University Sports Federation of Hong Kong 5,000m run. He is also the former HK record holder for the 15km run and the half-marathon.



Ms Yiu Kit Ching

(also our coaches for *RUN Inspires!*)

Kit Ching is the HK record holder for 10K run, 15K run, half-marathon, 3000m steeplechase and 4 x 1500m relay. Her numerous accolades include Athlete of the Year in 2007, 2008 and 2011 and Hong Kong Amateur Athletic Association Female Athlete of the Year.

She is the fourth HK marathoner to qualify for the Olympics and competed in the 2016 Rio de Janeiro Olympics.

Mr Ho Chu Ting Timothy

Timothy is the first Chinese athlete to hold championship twice in the World Skipping Championships. He is also captain of the Hong Kong Rope Skipping Team and Super Master Team. He excels in both speed and freestyle skipping, and became a sports icon in HK after succeeding at the world championships.



Our Athlete Supporters

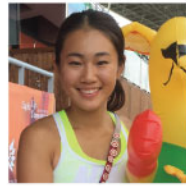
Our 39 athlete supporters are former or current Hong Kong team sportsmen who identify with our mission.



Cecilia Yeung
Athletics



Tony Wu
Baseball



Lui Lai Yiu
Track & Field



Cyrus So
Basketball



Tiffany Chan
Golf



Siu Cheong Hung
Volleyball



Kenneth Chiu
Table Tennis



Vivian Ma
Cycling



Kelvin Ng
Gymnastics



Vanessa Wong
Roller Skating



Antonio Lam
Fencing



Angel Wong
Gymnastics



Kent Cheung
Swimming



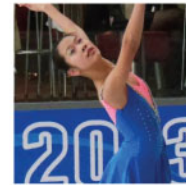
Hayley Chan
Windsurfing



Cheuk Ting
Basketball



Christopher Ngai
Long distance running



Crystal Chik
Figure Skating



Tim Law
Triathlon



Vincici Hui
Triathlon



Addy Ip
Handball



Chan Kin Lok
Swimming



Tsui Chi Ho
Track & Field



Claudia Lau
Swimming



Joyce Cheung
Triathlon



Lai Chun Ho
Track & Field



Grace Yuen
Netball



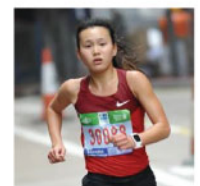
Chloe Chan
Track & Field



Candy Wu
Muay Thai



Sonia Kong
Beach Volleyball



Natasha Wong
Long distance running



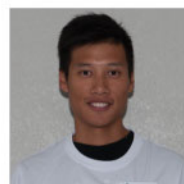
Wong Wan Yiu
Cycling



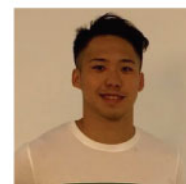
Yu Wai Ting
Swimming



Cheung Siu Lun
Fencing



Rio Wong
Beach Volleyball



Derick Ng
Swimming



Kevin Kong
Swimming



Wong Yee Ching
Swimming



Michael Lo
Artistic Cycling



Kaylin Hsieh
Fencing

Our Full-time Team



Judy Kong
Chief Executive

Role

Ms Judy Kong works closely with the Board and leads the charity's day-to-day operation. She is also Chairperson of the Fundraising Committee. She has work experience in youth development in one of the city's largest youth organisations, corporate philanthropy in a multinational fashion corporation and public policy research work in a local think tank.

Education attainment

Bachelor of Global Business Studies from CUHK, Master of Social Work from HKU and Master of Public Policy from the University of Oxford.



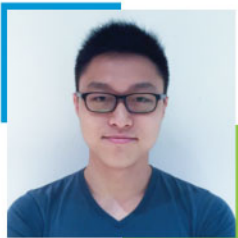
Wong Yee Lok
Senior Development Officer

Role

Ms Wong Yee Lok supports the strategic development and operation of the organisation with a particular focus on financial management, fundraising and partnership management. She also ensures effective communication between board members and the full-time and volunteer executive team to facilitate bottom-up communications.

Education attainment

Bachelor of Economics and Finance from HKU.



Oscar Ng
Programme Officer

Role

Mr Oscar Ng oversees programme development and impact measurement. He is responsible for forming partnerships for student recruitment as well as the management of the sports programmes.

Education attainment

Bachelor of Arts from HKU.



Ng Wing Hin
Programme Executive

Role

Ms Ng Wing Hin is mainly responsible for the management, coordination and administration of the sports programmes.

Education attainment

Bachelor of Science from HKU.



Avery Chan
Marketing, Events and Communication Executive

Role

Ms Avery Chan supports the marketing, events and communication of the organisation and ensures consistent and effective communication of the Foundation's brand and positioning across all channels.

Education attainment

Bachelor of Business and Management (Major in Marketing and Management) from HKUST.

Our Volunteer Executives

Sports Programme Team



Full-time job

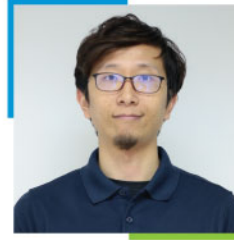
Physical Education Teacher, panel of physical education and leader of public affairs at a local primary school.

Education attainment

Master of Education (Educational Guidance) from HKU.

Harvey Lo

Sports Programme Manager



Full-time job

Physical Education Officer for the school teams and the wellness program in the tertiary education sector.

Education attainment

Bachelor's Degree in Sports and Recreation Leadership from HKBU.

David Poon

Sports Programme Manager

Learning and Development Team



Full-time job

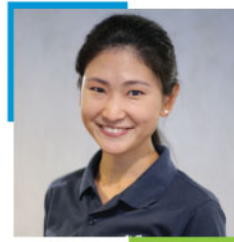
Building Surveyor at a listed real estate company.

Education attainment

Bachelor of Science in Surveying from CityU.

Brenda Cheung

Learning and Development Manager



Full-time job

Biology teacher at a local secondary school.

Education attainment

Master of Education (Science Education) from HKU.

Feanca Chu

Learning and Development Manager



Full-time job

Educational - psychologist - in - training.

Education attainment

Currently pursuing a Master's degree in Education Psychology at HKU.

Rita Fan

Learning and Development Manager



Full-time job

Assistant Manager (Retail & Marketing Promotions) at one of the leading property companies in Hong Kong.

Education attainment

Master's degree in Marketing from CUHK.

Leslie Tang

Learning and Development Manager



Full-time job

Senior Officer at a listed property developer.

Education attainment

Master's degree in Real Estate (General Practice Surveying) from HKU.

Garcia Lam

Learning and Development Manager

Fundraising Team



Full-time job

Chief Operating Officer at a finance company and an entertainment company, Executive Director of a food and beverage company, all of which are listed on the Hong Kong Stock Exchange.

Education attainment

Bachelor of Engineering in Civil Engineering from HKU.

Eddie Chow

Business Development Manager



Full-time job

Management Trainee in a listed real estate development and investment company.

Education attainment

Bachelor of Social Sciences (Govt & Laws) and LLB from HKU.

Natalie Leung

Partnership Manager

Marketing and Communications Team



Full-time job

Manager in an international bank's operations in Continental Europe.

Education attainment

Master of Science in Accounting and Finance from the London School of Economics and Political Science.

Christopher Tse

Communications Manager



Full-time job

Executive Trainee of a trade promotion organisation.

Education attainment

Bachelor of Arts from HKU, major in translation.

Jonathan Ng

Communications Manager



Full-time job

Executive Trainee of a trade promotion organisation.

Education attainment

Bachelor of Science from Durham University.

Douglas Lau

Communications Manager



Full-time job

Assistant Manager of a financial regulator.

Education attainment

Bachelor of Business Administration (Finance) from The University of Texas at Austin.

Natalie Mok

Marketing Manager



Full-time job

Project Executive in a digital agency.

Education attainment

Bachelor of Arts in Communications from the University of Washington.

Nikki Chan

Social Media Manager



Full-time job

CSR Manager of a bank.

Education attainment

Bachelor's degree in Economics from University College London.

Sonia Tsang

Media Manager

HR and IT Team



Jack Chen
IT Manager

Full-time job

Software engineer in a multinational investment bank, and co-hosts the technical event Codeaholics and CodeConf Hong Kong.

Education attainment

Master of Science in Computer Science from HKU.



Agnes Ip
Human Resources Manager

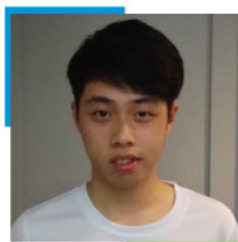
Previous full-time job

Leader of the HR team in an international professional services firm.

Education attainment

Master's degree in Events & Cultural Management from Northumbria University and Master's degree in Professional Accountancy from the University of London.

Executive Office Support Team



Edward Lee
Executive Officer (Fundraising)

Full-time student

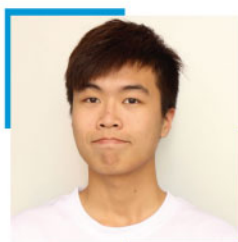
Bachelor of Arts at the HKBU, majoring in English and Education



Welton Leung
Executive Officer (Sports)

Full-time student

Studying Bachelor of Science at HKU, majoring in Risk Management.



Jacky Lau
Executive Officer (Sports)

Full-time student

Studying in Hong Kong Shue Yan University, majoring in Economics and Finance



Karen Lee
Executive Officer (Marketing and Communications)

Full-time job

Manager of an executive coaching and training company.

Education attainment

Master in Marketing and Management from Loughborough University in the UK.

Our Finance

Our Financial Situation

Ecovis Focus Hong Kong CPA Limited audited our annual financial report and our public accountants assisted us in maintaining our daily accounts. Our financial year is from 1/5/2017 to 30/4/2018.

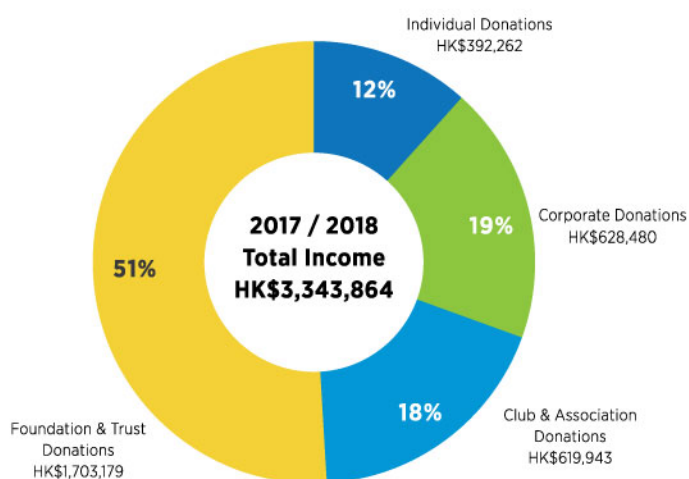
Income and Expenditure of 2017/2018 and 2016/2017

	2017/18 (Hong Kong Dollars)	2016/17 (Hong Kong Dollars)
Donation Income	\$3,343,864	\$3,567,873
Other Income	\$6,305	\$35
Expenditure	(\$3,531,845)	(\$2,392,158)
Surplus / (Deficit) for the period	(\$181,676)	\$1,175,750
Surplus and reserves from previous period	\$1,768,810	\$593,060
Accumulated Surplus	\$1,587,134	\$1,768,810

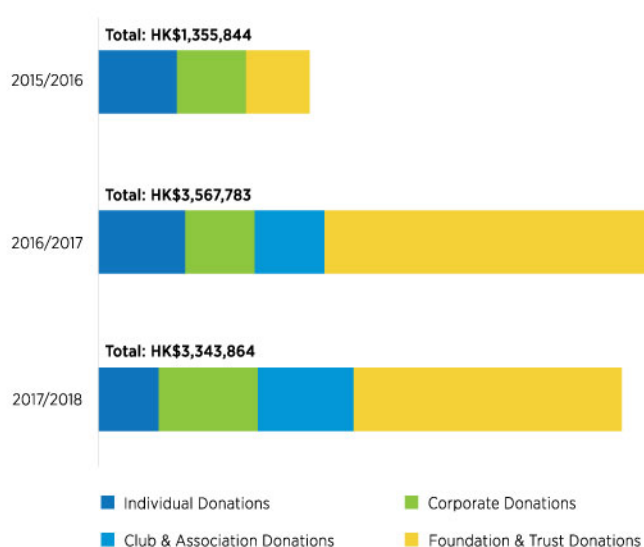
Income and expenditures are accounted for on an accrual basis. In 2017/2018, we ran an accumulated surplus amounting \$1,587,134 to sustain our long-term development.

Income

Breakdown of Donations



Donation Income in 2017/2018 and past 2 years

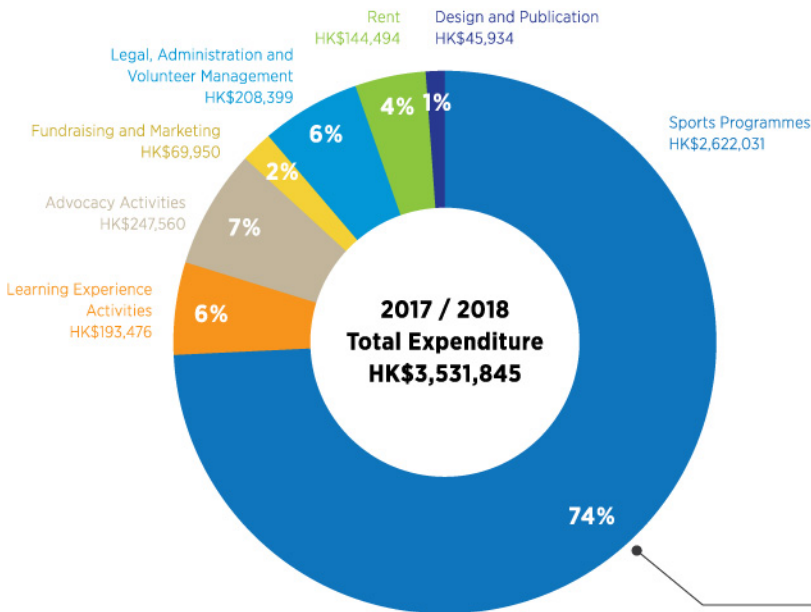


We had a slight decrease (6%) in donation compared with the previous fiscal year. However we are confident that with new projects and initiatives in the pipeline we will secure more resources in the following year.

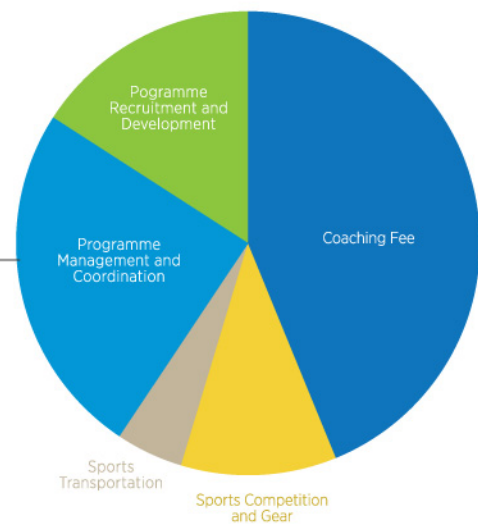
As a charity not receiving any funding from the government, we are grateful to donors for their generous support and trust. These donors include enterprises, foundations, companies, associations and individuals giving small and personal donations.

Expenditure

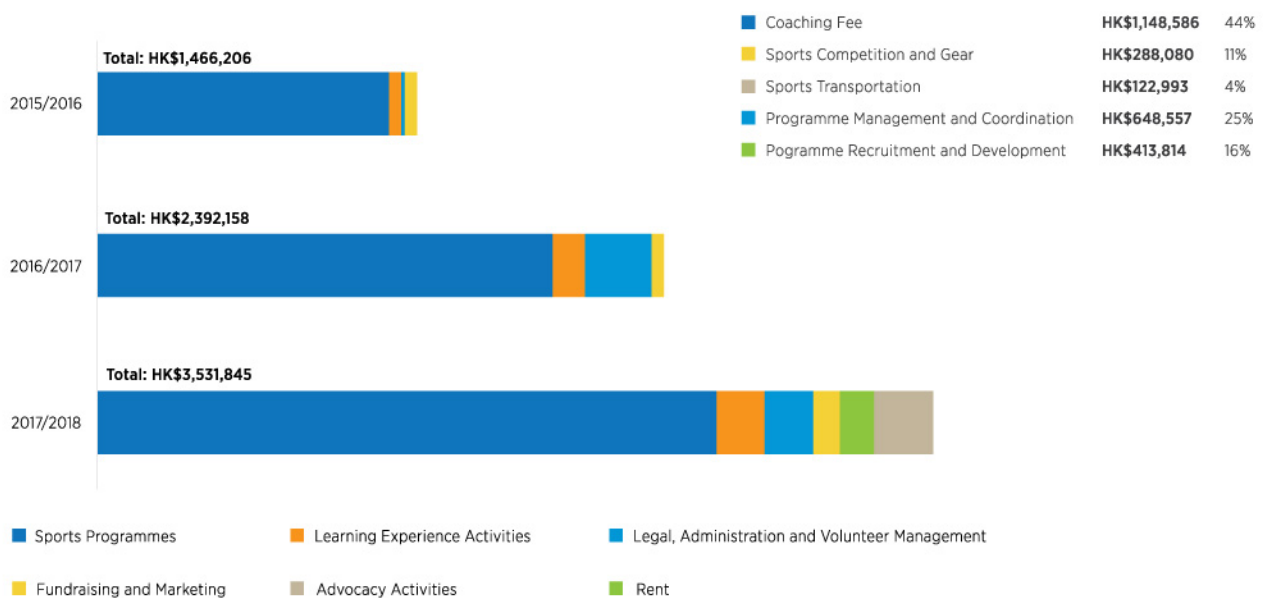
Breakdown of Expenses



Breakdown of Sports Programme Expenses



Expenditure in the 2017/2018 and past 2 years



Over the past year, our robust development was reflected by the rise of expenditure. With the introduction of new sports programmes and #SportsHour advocacy activities, our total expenses increased by 50%. Our administrative expenses averaged at 10% in the past 3 years.

OUR SPORTS PROGRAMMES



We aim to help our students to develop positive attributes such as perseverance and teamwork, so they will be better prepared for future challenges.

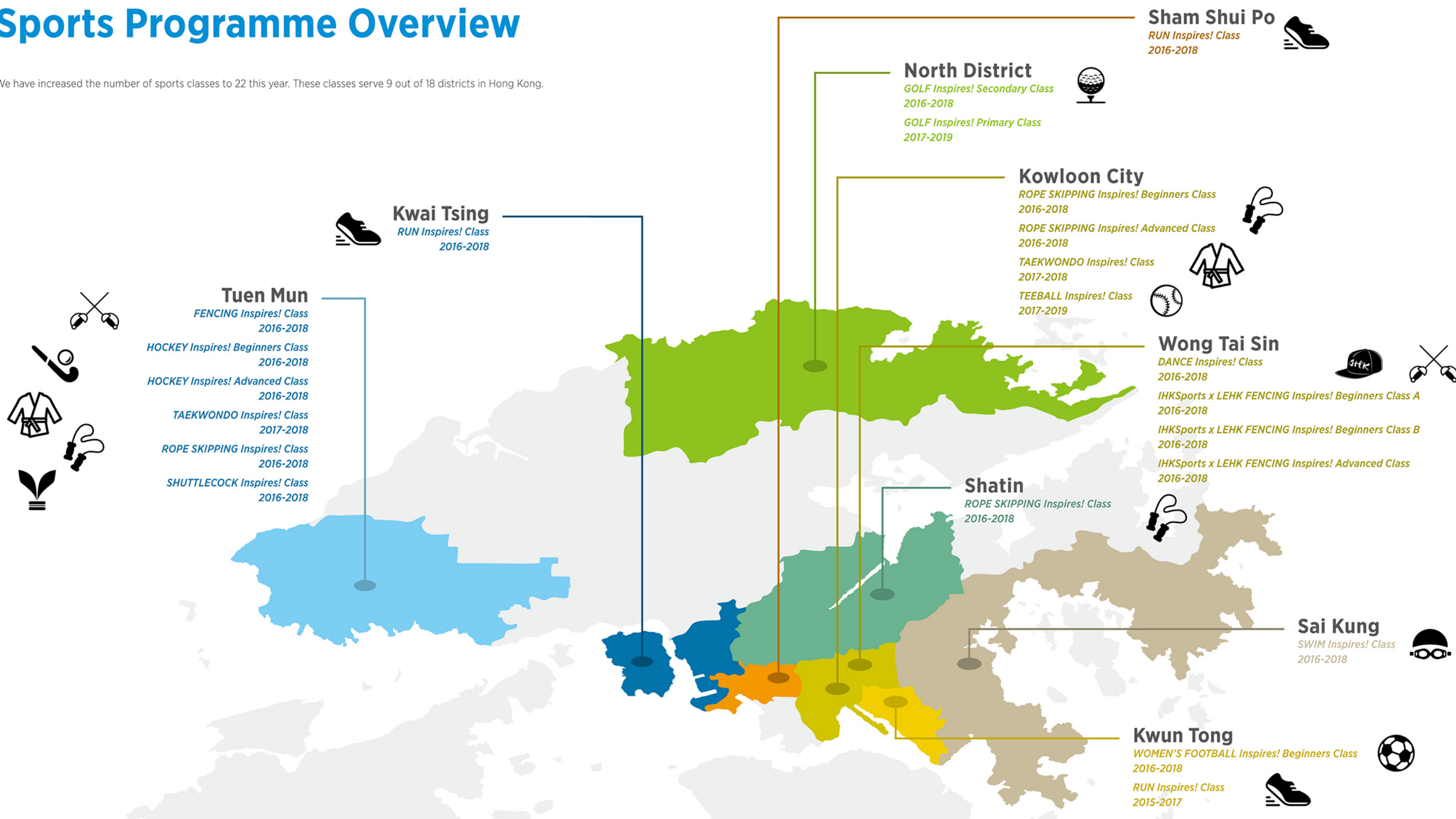
Our Sports Programmes are delivered on a weekly basis and typically last between 1-4 years until positive impact has been gauged quantitatively and qualitatively.

Programme Uniqueness:

- Professional sports training delivered by experienced coaches or current/former Hong Kong Team Members;
- Abundant opportunities to participate in external competitions and performances;
- Enable holistic development of students through other Learning Experience Activities (See next section).

Sports Programme Overview

We have increased the number of sports classes to 22 this year. These classes serve 9 out of 18 districts in Hong Kong.



Total number of students served

382

Total hours of competitions and performances

2,078hrs

Sports Programme training hours

18,343hrs

Total hours of sports activities

20,421hrs

DANCE Inspires!

Districts, Levels and Sponsors

District: Wong Tai Sin
Level: Beginners;
Secondary school students

Title Sponsor: Hong Kong Freemasons
Annual Appeal 2016

Coach Profile



Ms Kwok Tsz Ying

- Graduated from the School of Dance, The Hong Kong Academy for Performing Arts;
- Proficient in modern dance and street dance, with extensive teaching experience;
- Trained in Germany, Spain and Taipei.

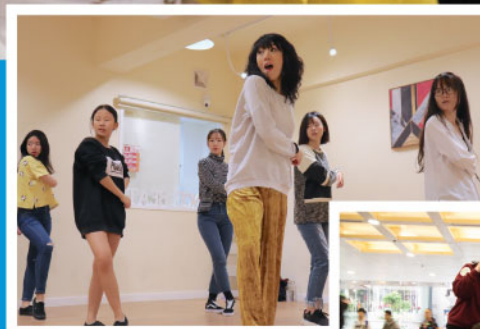
Words from the Coach

What differs modern dancing from all other sports is that there is not a certain standard. However, you have to compete with yourself and push yourself to do better.

Having trained them for two years, I can see obvious changes in them. Firstly, they are not as shy as before and they are not hesitant to explore new things now. When they first stepped into the classroom, they were very nervous. I would not have expected them to be this joyful and relaxed. I can feel that going to dance classes is no longer a pressure for them. Instead, it is something that they enjoy very much.

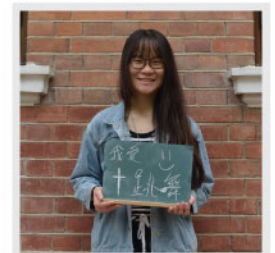
I want to particularly mention that those students who had been lagging behind in class showed even more improvements as they would work much harder in order to catch up with the progress. Knowing that their improvements are based on their self-motivation rather than my reinforcement makes me feel gratified.

DANCE Inspires! Coach, Kwok Tsz Ying



Words from the Student

I was once a bookworm and academic performance was the only thing in my mind. Despite being so hardworking, my grades were not outstanding, so I always had a low self-esteem as I would never dreamt about becoming successful.



After joining **DANCE Inspires!**, I no longer feel self-abased. At the beginning, I knew nothing about dancing but my coach kept encouraging me to not be afraid to try out new things. Luckily, I was given the opportunity to perform publicly on stage once and it was the first time when I could feel the passionate claps and cheers from the audience. From then on, I have been dancing much better and becoming even more confident.

DANCE Inspires!, Chen Lini

FENCING Inspires!

Districts, Levels and Sponsors

IHKSports X Les Escrimeurs (Hong Kong)

District: **Wong Tai Sin**

Level: **Beginners A & Advanced;
Primary school students**

IHKSports X Fencing Arena

District: **Tuen Mun**

Level: **Beginners;
primary school students**

Title Sponsor:



**OPERATION
SANTA CLAUS**
South China Morning Post 壹
愛心聖誕大行動

Operation Santa Claus



Coach Profile



Mr Chow Chi Sang

- Member of the Hong Kong Fencing Association Coaching Committee since 2013
Over 10 years of coaching experience, with
- the certificate of FIE Coaching Academy (Hungary) 2017 Foil Coaching Course
- Programme Director of Les Escrimeurs (Hong Kong)



Mr Wong Ho Yin

- Certified Fencing Coach of Hong Kong Fencing Association
- Former Member of the Hong Kong Fencing Team
- Head Coach of Fencing Arena

Words from the Coach

Time flies and the two-year class came to an end. In the past year, students have participated in different competitions, with two students even capturing prizes. This is more than just an uplifting piece of news for us, but a testament to IHKSports' vision that with equal learning opportunities, underprivileged students can also be as brilliant as others in sports.

Admittedly, **FENCING Inspires!** may not be sufficient to be considered as elite training. Yet, our coaching team believes that instead of skills, we should put emphasis on the lessons brought through sports, such as handling stress, setting goals and eventually keeping their passion for fencing burning. If they persevere, being a Hong Kong Team member is never a goal too distant for them.

FENCING Inspires! Coach, Wong Ho Yin



Words from the Parent

Yan Man is the only child and because of that she used to have issues getting along with classmates. If she did not get her own way she could throw a tantrum easily. After joining the fencing class she has been making some new friends and getting along with them. She became more positive and even learned to comfort her fellow frustrated classmates.



FENCING Inspires!, Zhu Yan Man's parents

GOLF Inspires!


Districts, Levels and Sponsors

District: **North District**

Level: **Beginners:**

Secondary school students

Primary school students

Title Sponsor: **FRIENDS OF ASIA** 
HONG KONG

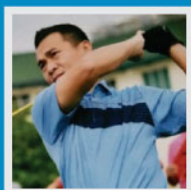


Coach Profile



Mr Wong Woon Man

- Over 20 years of golf experience
- Former member of Hong Kong Golf Team Representative
- Winner of Macgregor Hong Kong Junior Championship in 1997
- Winner of Hong Kong PGA Order of Merit (Overall)
- Silver Medal in National Games of the People's Republic of China (Team)



Mr Ho Koon Fai

- Over 20 years of golf experience and 12 years of golf coaching experience
- Golf Professional of Hong Kong Golf Club
- Full member of Hong Kong Professional Golf Association



Mr Fung Sheung Wai

- Over 20 years of golfing experience
- Golf Professional of Hong Kong Golf Club
Full member of Hong Kong Professional Golf Association
- Association
- Member of British PGA



Words from the Coach

I grew up from a grass-root community, knowing that more and more underprivileged teenagers are granted the opportunity to play golf by IHKSports, I feel particularly delighted for them.

I still remember the first time when they joined a golf tournament, they lacked confidence because they believed that other competitors played far better than them so they treated the competition not seriously enough and were very pessimistic. Nonetheless, one of our students unexpectedly won an award in that competition. Henceforward, they learnt a lesson that they must give their best and never give up easily no matter under any circumstances.

GOLF Inspires! Secondary Coach, Fung Sheung Wai

Words from the Student

I have been part of the IHKSports family for nearly 2 years. Apart from the regular weekly practice, we have been given chances to participate in many different competitions. Looking back at the start when I knew nothing about golf, I am amazed by how much I have learned. I can do long-drives, putting and sand plays. This is such a significant change! In fact, I have never imagined to have the opportunity to play golf. Without IHK Sports, I think I would not be where I am at today. Thanks, IHKSports!



GOLF Inspires! Secondary, So Hei Ching

HOCKEY Inspires!

Districts, Levels and Sponsors

District: Tuen Mun
Level: Beginners & Advanced;
Primary school students

Title Sponsor:



The D. H. Chen Foundation



Coach Profile



Ms Yau Yuen Ki

- Former Player of Hong Kong National Squad
- Player of Shaheen Sports Club Team A
- Coach of Shaheen Ladies Hockey Team - Senior
- Head Coach of Good Hope School Hockey Team
- Former Team Manager of HK U16 Squad
- Course Instructor of Junior Hockey Promotion Scheme



Mr Tsang Kin Kan

- Former Coach of the U23 Hong Kong Hockey Team
- Assistant Coach of U18 Boys Hong Kong Hockey Team
- Head Coach of Hong Kong Football Club Boys and Girls Youth team since 2016
- Head Coach of The University of Hong Kong, University Hall Hockey Men's team
- Head Coach of Sha Tin College Hockey boys and girls' team
- Player of Hong Kong Football Club Hockey Men team
- Hong Kong Hockey team

Words from the Coach

The advanced class have made great improvements in terms of both skills and attitudes this year. Students have begun to use more advanced skills in the games. Even though they lost sometimes, they would reflect on how to do better next time and motivate their teammates not to give up and they would do that without me urging them beforehand.

HOCKEY Inspires! Advanced Coach, Tsang Kin Kan

Words from the Parent

It was me who encouraged Chi Wing to join the class. He did not know how to control his temper sometimes and I hoped to improve his weakness through sports training. I remember at first he would argue with his teammates after losing a game.

However right now, he has been working really well with other teammates. He will groan about not being able to play if the class is cancelled.



HOCKEY Inspires! Beginners, Ma Chi Wing's parent

ROPE-SKIPPING Inspires!

📄 Districts, Levels and Sponsors

District: **Shatin**
 Level: **Beginners;**
Primary school students

Title Sponsor:  **大新銀行**
DAH SING BANK
 Dah Sing Bank

District: **Tuen Mun**
 Level: **Beginners;**
Primary school students

Title Sponsor: **Hong Kong Freemasons**
Annual Appeal 2016

District: **Kowloon City**
 Level: **Beginners & Advanced;**
Primary & secondary
school students

Title Sponsor: **NA**



👤 Partnering Organisation



Hong Kong Rope Skipping Club

- Established in 2009, the club provides quality rope skipping training to more than 100 institutions
- Three of our ROPE-SKIPPING classes are taught by experienced coaches from the Club



Hong Kong Rope Skipping Federation

- Recognized by World Jump Rope Federation (WJRF) and Asia and Pacific Jump Rope Federation (APJR)
- 1 ROPE-SKIPPING class is taught by a current member of the Hong Kong team from the Federation

☰ Words from the Coach

After two years of training, the greatest improvement of the students is that they are perseverant in every single task. At the beginning of my teaching, they only treated rope-skipping as an extracurricular activity. Now, they are self-disciplined and this is even more valuable than having any of their skills improved as it is helpful later on in their life. It is also the attitude that I would like to teach them the most in my lessons. I hope they are perseverant not only in rope-skipping, but also in facing whatever difficulties ahead with the same attitude.

ROPE-SKIPPING Inspires! Kowloon City Coach, Ngai Kam Hung

☰ Words from the Student

What the rope-skipping class impresses me the most is the power of solidarity. We are convinced that everyone's strength is important in achieving our goals, so we often give support and encouragement to each other. I also learned that as long as we do not give up, we will succeed one day. We have been advancing towards our goals, trying our best to achieve them when we are not there yet, and even breaking through our boundaries in the process!



Apart from the regular weekly practices, we are also provided with opportunities in forms of games and performances. Each of the performances and games made me progress more. I am also very grateful for receiving the scholarships from IHKSports so that I can have three extra days of elite training with the Super Skipping Team of the Hong Kong Rope Skipping Club, which allowed me to further break through!

ROPE-SKIPPING Inspires! Kowloon City, Cheuk Hiu Ying

RUN Inspires!

Districts, Levels and Sponsors

District: **Sham Shui Po & Kwai Tsing**
Level: **Beginners;**
Secondary school students

Title Sponsor:



The D.H. Chen Foundation

District: **Kwun Tong**
Level: **Beginners;**
Secondary school students

Title Sponsor: **NA**



Coach Profile



Mr Chan Ka Ho

- HK record holder of 3,000m steeplechase and 4 x 1,500m relay
- Former record holder of the 15km run and the half-marathon



Ms Yiu Kit Ching

- HK record holder of 10km, 15km, 20km, Half Marathon, 3,000m steeplechase and 4 x 1,500m relay
- Women's Open "Athlete of the Year" in 2009, 2013 2016 and 2017 from the Hong Kong Amateur Athletic Association
- Fourth HK marathoner to compete in the Olympics

Both Ka Ho and Kit Ching are also our ambassadors

Words from the Coach

Students are recruited from different schools and many of them are not very familiar with each other at first. Some of them are very serious, some naughty and talkative, and their abilities vary. Over the past year we have incorporated more team practices to enhance their interaction. I hope they can continue to embrace each other and persevere in running and life. Those outstanding ones should not give up halfway and those who are not as outstanding do not need to be frustrated. What matters about sports is always doing our best and breaking our own limits!

RUN Inspires! Coach, Yiu Kit Ching

Words from the Student

I am very grateful for IHKSports' recognition and support for me to go to Cambodia to join a running competition and a volunteering activity in Summer 2018.



This journey will be a valuable experience for me as it is the first time I am going to abroad and the first overseas running competition for me. I have been training for five days per week in hope of achieving a result that would leave no regret for me and those who support me. I also hope that I can have a great experience of the local culture and help with the residents through volunteering. I will share with others about my experience when I return to Hong Kong.

RUN Inspires! Sham Shui Po, Huang Tong Sheng

SHUTTLECOCK Inspires!

Districts, Levels and Sponsors

District: Tuen Mun
Level: Beginners;
Primary school students

Title Sponsor: NA

Coach Profile



Mr Lam Chi Wai

- Current member of the Hong Kong Shuttlecock Team
- Former Assistant coach of the Hong Kong Shuttlecock Team
- Co-founder of the Hong Kong Shuttlecock Academy

Words from the Coach

Time flies. It is hard to imagine that the students have been with me for every Saturday in the past two years. There were times when I felt angry and annoyed but there were also moments I felt warm and pleased.

Throughout the years, I am excited to observe their various improvements in both playing shuttlecock and personal developments. Compared to other children of the same age, our students are not the most outstanding ones in terms of skills, but they have already improved greatly in challenging themselves.

Despite the two-year training coming to an end, I hope our students will still practice with their friends. More importantly, they should not forget about being perseverant, never complain even in times of difficulty and make good use of their ability to help people around them.

Thankful to all the colleagues from IHKSports and the Salvation Army who provide the greatest support to us constantly. I hope we still have the opportunity to hear from all of the parents and students.

Now, I am used to viewing the beautiful scenery in Tuen Mun every Saturday morning.

SHUTTLECOCK Inspires! Coach, Lam Chi Wai



Words from the Parent

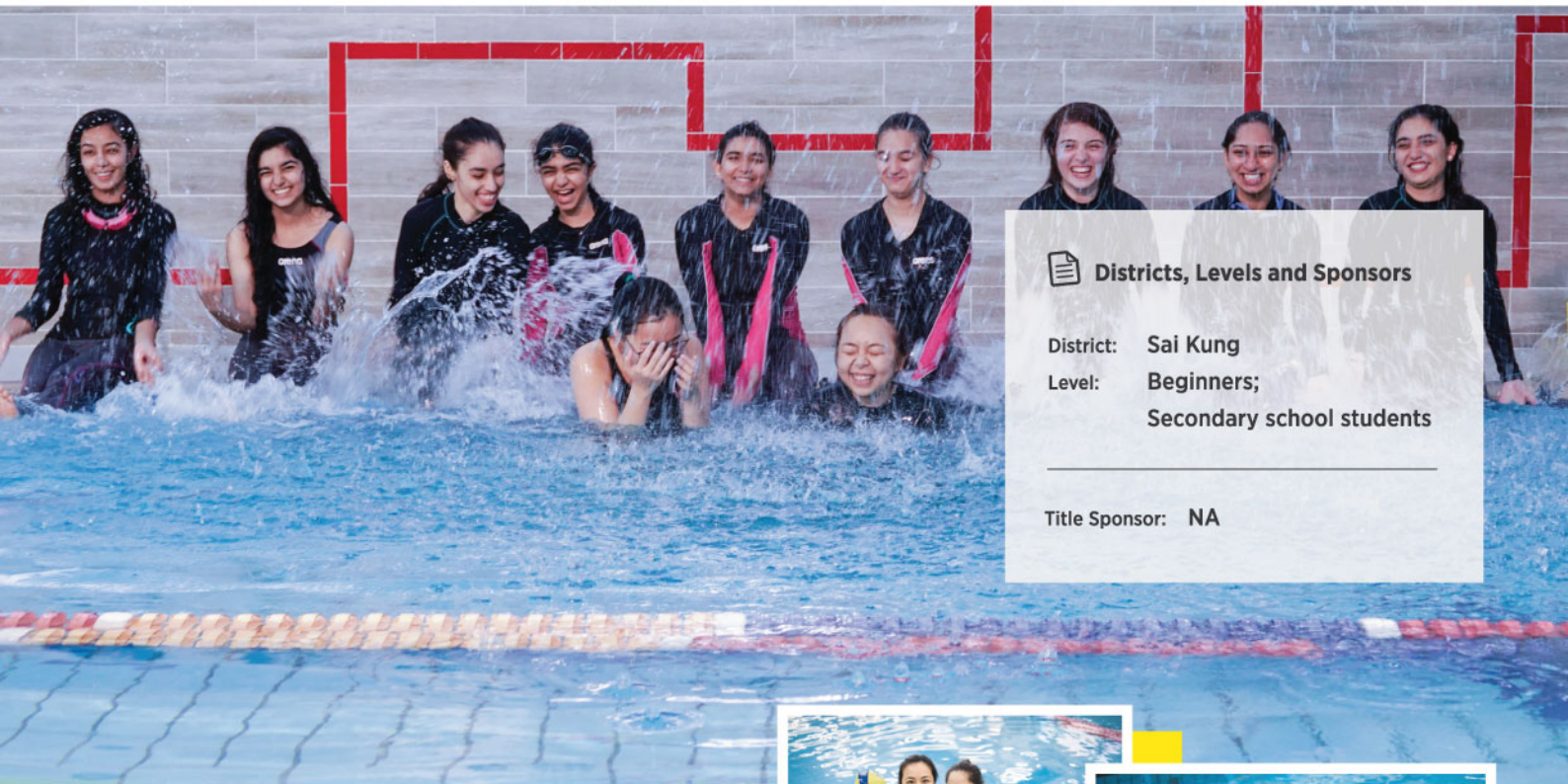
Two years ago, my kid would only look down on himself whenever there were obstacles. Now, when there are difficulties, he will say "How do you know you can't if you don't even give it a try? Even if you are not familiar with the topic or issue, you can also try, learn and explore it. Only by doing so can you realise your own ability and limit." Tsz Lok may not have a particular achievement in sports, but I would say the greatest insight he has gained from **SHUTTLECOCK Inspires!** is the incredible impetus he possesses now. I feel extremely grateful for having received the invitation from Ms Tam of the Salvation Army and the two-year unconditional guidance from IHKSports and the coach.



Tsz Lok is eager to practise shuttlecock even when there is no more regular training. He hopes that he will not be eclipsed even if he join other shuttlecock classes organised by IHKSports again. We fully understand that it is never easy to establish a two-year training for students as a lot of resources are required. It, therefore, makes the past two year of trainings much more praiseworthy. I hope all the students of IHKSports can uphold the spirit of sportsmanship to persist in striving for their own dreams.

SHUTTLECOCK Inspires!, Liu Tsz Lok's parent

SWIM Inspires!



📄 Districts, Levels and Sponsors

District: Sai Kung
Level: Beginners;
Secondary school students

Title Sponsor: NA

👤 Partnering Organisation



Stanford Swim School

- Established in 1988, Stanford is the largest swimming school in Hong Kong and has served over 100,000 students. **SWIM Inspires!** is taught by two experienced and certified coaches from Stanford Swim School.

☰ Words from the Coach

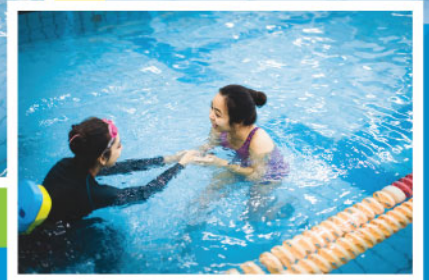


I have been teaching swim classes for over 10 years. I knew that I would like teaching this class when I learned that it is tailored-made for non-ethnic Chinese students. For me, teaching talented students is satisfying but teaching passionate students and those in need is even more rewarding.

In the blink of an eye, the two-year training came to an end. We have built up good relationships

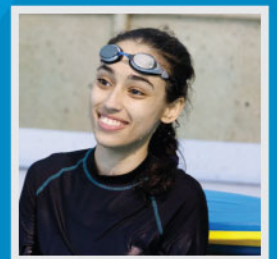
since the start of the programme and I still remember the name of every one of them. Although two years have only been a short period of time, I do hope that swimming does not only mean a survival skill to them, but also become their interest.

SWIM Inspires! Coach, Ku Lok Man



☰ Words from the Parent

I have always been interested in playing water sports but I had not had the opportunity to learn swimming. I had to spend a few days to persuade my mother by explaining the uniqueness of **SWIM Inspires!** and asked for her help to persuade my father as well. At first, my father was worried about my clothing, but I managed to convince him after telling him that IHKSports would provide us with long-sleeved swimsuits and that the pool would only open to girls. He could also feel my heartfelt desire to learn this survival skill.



Not only does swimming mean a survival skill to me, but it is also the hardest thing I have ever learned in the past 16 years. Now that I have mastered swimming, I believe that I can also overcome other challenges in life with my own efforts and courage!

SWIM Inspires!, Sadia Bibi

TAEKWONDO Inspires!



Districts, Levels and Sponsors

District: **Kowloon City & Tuen Mu**
Level: **Beginners;**
Primary school students

Title Sponsor: **N/A**

Coach Profile



Ms Law Chi Ying

- Over 20 years of experience in teaching taekwondo
- Black Belt 5th Dan of Kukkiwon World Taekwondo Headquarter
- Black Belt 6th Dan of Hong Kong Taekwondo Association
- Referee poomsae of World Taekwondo Federation
- Holder of Hong Kong Taekwondo Association Referee 1 Class qualification
- Advanced Coach of Hong Kong Taekwondo Association



Mr Lui Suen Fuk

- Black Belt 5th Dan of Kukkiwon World Taekwondo Headquarter
- Black Belt 6th Dan of Hong Kong Taekwondo Association
- Referee poomsae of The World Taekwondo Federation International
- Holder of Hong Kong Taekwondo Association Referee 1 Class qualification
- Advanced Coach of Hong Kong Taekwondo Association

Words from the Coach

Thoughts determine behaviours, behaviours determine habits, habits determine personalities and personalities determine destiny! I totally agree with IHKSports' vision of changing children's habits and thoughts through sports and providing them with the opportunity to build their willpower, confidence, spirit of cooperation and discipline. In order to make Taekwondo more appealing to students, we train and guide them through playing games so as to develop their sense of decisiveness, responsiveness and team spirit.

Looking back, the students have become more disciplined and would listen and try to fulfill my instruction. They actively attend all the lessons now and have big improvements in terms of their attitude and skills. We are grateful to be granted the opportunity to teach these children Taekwondo.

TAEKWONDO Inspires! Coach, Law Chi Ying



Words from the Parent

Noticing my kid from resisting to accepting and further to being passionate about Taekwondo, I deeply feel about the efforts paid by every staff, coach and social worker from IHKSports. All of their efforts are indispensable. Looking back at the beginning of the program, I have once thought that Kwan Mo might not be able to get along with strangers as adapting to a new environment is unquestionably difficult for a child who suffers from both autism and ADHD.



I remember one day when Kwan Mo bumped into an IHKSports' student in a park and knew that he was not familiar with certain steps of Taekwondo, he took the initiative to teach the student. Not only did his act surprise but also impressed me! Certainly, IHKSports changed him. Besides, IHKSports' training makes him realise the importance of perseverance. Although a lot of hard work is required in training, he persists in attending every lesson which is again I would have expected before.

TAEKWONDO Inspires! Tuen Mun, Sin Kwan Mo's parent

TEEBALL Inspires!

Districts, Levels and Sponsors

District: To Kwa Wan
Level: Beginners;
Primary school students

Title Sponsor: NA

Coach Profile



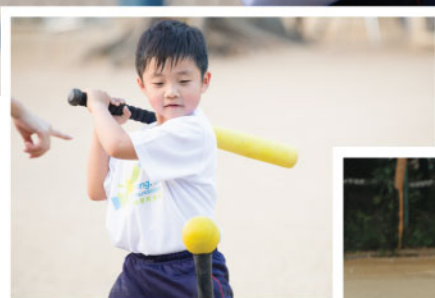
Ms Ku Oi Yu

- Current Hong Kong Women's Softball Team Member
- Years of experience in participating in the Asian Women's Softball Championship and other international softball competitions
- Experience of being Duty Officer and Umpire of Softball Games for more than 10 years

Words from the Coach

To me, mentality and attitude development are more important than skills. Therefore, I will put more emphasis on discipline, politeness, attitude and teamwork. The students are sometimes naughty, they are well-behaved and polite for most of the time. I wish to teach them more knowledge on softball and baseball, and the proper attitude when facing challenges in the future.

TEEBALL Inspires! Coach, Ku Oi Yu



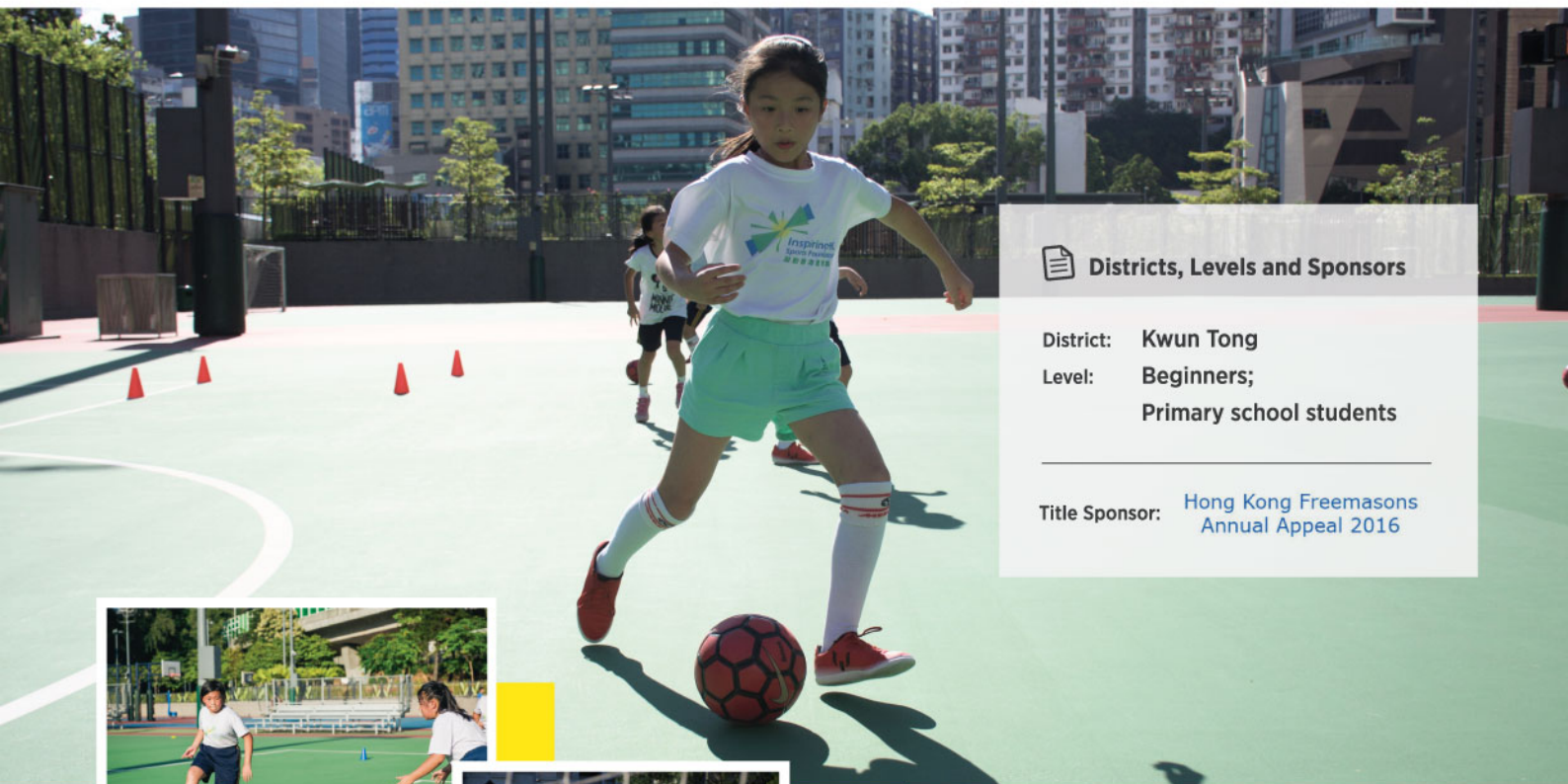
Words from the Parent

I think playing tee ball does not only strengthen our bodies, but it also enhances our confidence. Therefore, I cherish the opportunity of joining the tee ball team. After several training sessions, I realised that tee ball is a sport that requires cooperation among teammates. If we want our strategies to be successfully implemented in the game, both the players and the coach have to fit together ingeniously and have a good coordination in defence and attack. Though I always feel exhausted and still need to complete my homework every time after practice, I believe that I will persevere and not give up easily.



TEEBALL Inspires!, Yiu Yat Hei

WOMEN'S FOOTBALL Inspires!



Districts, Levels and Sponsors

District: Kwun Tong
Level: Beginners;
Primary school students

Title Sponsor: Hong Kong Freemasons
Annual Appeal 2016



Coach Profile



Ms Lee Mei Fan

- Asian Football Confederation "A" License Coach
- Coach and Instructor of Hong Kong Football Association
- Head Coach of the City University of Hong Kong
- Former player and team captain for the Hong Kong Team
- Former head coach of the Hong Kong U19 team and supervisor for the Hong Kong Football Association
- Over 20 years of football coaching experience

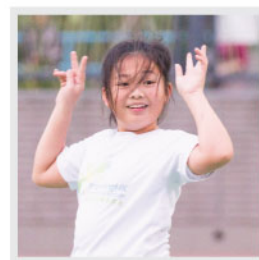
Words from the Coach

I am very happy to be the head coach of **WOMEN'S FOOTBALL Inspires!** for four years and have been giving a hand to young underprivileged girls. In the past four years, I have noticed their growth. Apart from individual skills, the students have also learnt that football is a team sport. They understand the importance of respect, encouragement, harmony, discipline, cooperation and team spirit. I am grateful they have learnt that there are things more significant than winning or losing from the training.

Another thing that I find delightful is how women playing football is gaining acceptance amongst Hong Kong parents in recent years. Women's football is a mixture of masculinity and femininity. Have you seen how lovely girls are when they play football? If not, join us and watch our students play!

WOMEN'S FOOTBALL Inspires! Coach, Lee Mei Fan

Words from the Students



Hello everyone, we are twins - Wai Lam and Wai Yin. When we were small, our father always took us to watch football tournaments and that is why we both are interested in football. In the past two years, we have been very lucky to have the opportunities to play football and receive proper training by joining the **WOMEN'S FOOTBALL Inspires!** classes. Not only do we have our football skills improved, but also meet a bunch of buddies with the same interest and make a promise to pitch in for the development of women's football in Hong Kong.

We can still remember the first time we joined a friendly match, we were really confident that we could win by a large margin. However, we lost eventually. After the match, we learned to be more humble and practised much harder. Our skills have been getting better since then. We would keep working hard in the future for football.

*WOMEN'S FOOTBALL Inspires!,
Wong Wai Yin & Wong Wai Lam*

Sports Competitions and Performances

We believe that our students need to constantly challenge themselves. As such, we encourage and sponsor enrolment in competitions or offer performances. This gives them a flavour of competing in a healthy environment, enabling them to learn to cope with success and failure for the rest of their lives.



Our students had an exciting year where they competed in the following **49** competitions/performances and earned **74** awards!

HOCKEY Inspires!

Tuen Mun Advanced & Beginners Class

Valley Mini Hockey Tournament 2018
Khalsa Mini Hockey Tournament 2018
Shaheen Mini-Hockey Tournament 2018
20th Anniversary of the Establishment of the HKSAR
5-a-side Mini & Youth Hockey Tournament
HKFC Mini-Hockey Tournament 2017
Shaheen Mini-Hockey Tournament 2017

SWIM Inspires!

Sai Kung

Stanford Swim School Stanford Swimming Gala 2018 (Part 2)
Stanford Swim School 16th Swimming Gala

GOLF Inspires!

Secondary

Golf(Driving Range) Competition 2017
Intra-Class Friendly
Samsung 61st Festival of Sport - Hong Kong School Golf 2018
(Driving Range Competition)

FENCING Inspires!

Wong Tai Sin Advanced & Beginners Class & Tuen Mun

Fencing Arena Challenge 2018
Kowloon City District Sports Association All Hong Kong
Inter-primary School Fencing Competition
2nd Inter-class FAHKxLEHK Friendly
Yan Oi Tong Fencing Competition 2017

SHUTTLECOCK Inspires!

Tuen Mun

Hong Kong Junior Age Group Shuttlecock Championship 2018
Samsung 61th Festival of Sport - 22th Interschool Shuttlecock Invitation
Tournament cum Shuttlecock Competition

RUN Inspires!

Kwai Tsing & Shum Shui Po

Run For Wellness 2018
Spartan Race 2018
Salomon to The Top 2018
Islands District Long Distance Running Competition 2018
Run for Wild 2018
Standard Chartered Hong Kong Marathon 2018
LCRA x AMBER New Year's Eve Border Run
WINWINRUN 2017
SHKP Vertical Run for Charity
SportiRun-Kiss Run Hong Kong
Spartan Race 2017
Sedar Chair Race 2017
"Water Conservation" Adventurous Challenge cum Carnival
The Great Relay Hong Kong
Hong Kong Guy x Mizuno Run
IHKSports Inter-Class Relays
Tai Tong Trail Run

DANCE Inspires!

Wong Tai Sin

Causeway Bay Flashmob

ROPE-SKIPPING Inspires!

Kowloon City Advanced & Beginners Class, Tuen Mun & Shatin

2018 Tsit Wing Group Annual Dinner Performance
AKA Chinese New Year Performance
Individual Rope Skipping Championship 2018
Kwai Tsing Rope Skipping Championship 2017
The Tsim Sha Tsui Festive Illuminations Switch-on Ceremony
Kowloon City District - Youth Got Talents 2017
Performance at Child Development Fund Pilot Projects Sharing Ceremony of
Carmel Bunnan Tong Memorial Secondary School
Rope Skipping Performance at Sam Ching Estate
All Age Rope Skipping Championships 2017
AKA Elderly Visit & Performance
Performance at Lee Tung Avenue (Sino Group)
The 2nd Hong Kong Inter-School Jump Rope Championship by HKRSF
Level Scheme by Hong Kong Rope Skipping Club
Performance at China Hong Kong City (Sino Group)

Impact Measurement & Completion of Sports Classes

Impact Measurement Model

We started our impact measurement system in 2015 to track the performance and growth of our students and more importantly, to evaluate if learning objectives are achieved. Our framework measures six key areas covering Discipline, Sportsmanship and Attitude, Perseverance, Independence, Teamwork and Confidence. We expect at least 70% of our students to show improvement in all these attributes after participating in our long-term sports training programme.

[Assessment format and frequency](#)

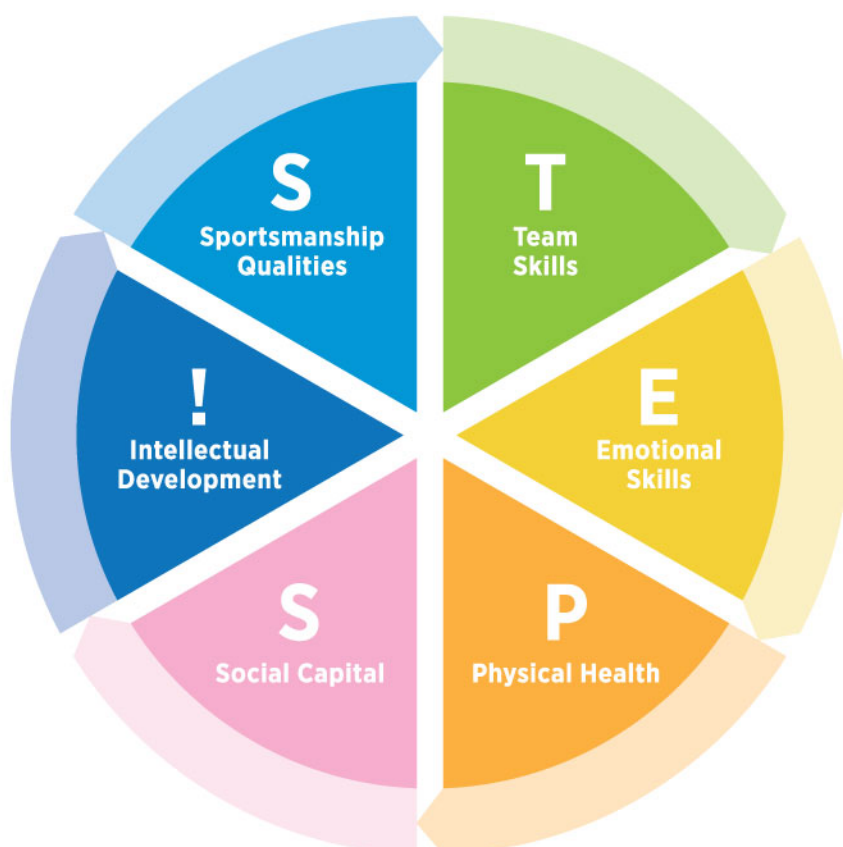
Each student is assessed in the mid-term and at the end of the training programme. After analyzing the mid-term data, we discuss with coaches and make necessary adjustments to the class so as to help students achieve the intended learning outcomes by the end of the programme. In addition to student self-evaluation, coaches, parents and relevant staff members also take part in evaluating students' performance. Besides the evaluation of sportsmanship qualities, students have to complete an evaluation questionnaire after each learning experience activity, to ensure that they understand certain qualities such as sense of helping others.

Students and parents also attend an exit focus group interview at the end of the sports training programme, during which we summarize our students' learning achievements, provide them with constructive and qualitative feedback and assist them in setting goals for their future development.

[2018-19 New Assessment Model](#)

Drawing upon extensive internal consultation in addition to relevant research, IHKSports has recently developed a new set of impact assessment framework - **STEPS!**. In 2018, we will be introducing this new model to all of our upcoming classes. **STEPS!** Model measures six key qualities covering Sportsmanship Qualities, Team Skills, Emotional Skills, Physical Health, Social Capital and Intellectual Development (for ADHD students only).

STEPS! Model



Sportsmanship Qualities

- Determination
- Self-Discipline
- Integrity & Respect

Team Skills

- Communication
- Teamwork
- Team Spirit

Emootional Skills

- Self-Esteem
- Enjoyment & Satisfaction
- Stress Reduction

Physical Health

- Balance & Coordination
- Fitness
- Sporting Skills

Social Capital

- Civil Participation
- Social Inclusion

!ntellectual Development

- AD Management
- HD Management

Summary of Completed Classes in 2017-2018

Class	RUN Inspires! Kwun Tong	ROPE-SKIPPING Inspires! Sha Tin	ROPE-SKIPPING Inspires! Tuen Mun	Dance Inspires! Wong Tai Sin	FENCING Inspires! Wong Tai Sin Advanced & Beginners A and B	SHUTTLECOCK Inspires! Tuen Mun
Duration	July 15 - July 17	Sep 15 - Feb 18	Apr 16 - Feb 18	Feb 16 - Mar 18	Apr 16 - Apr 18	May 16 - Apr 18



Students write a letter to themselves, which would be mailed to them after a year.



Student and the coach are leaving their final words on the cards as they farewell each other

[Exit Interview Activities](#)

As students graduate, most of them and their parents go through our structured exit interview day in which staff and volunteers review student's performance and collect their feedback so that we can evaluate and enhance our programme quality.



Debriefing with students



Personalised certificates for each graduate.



[Watch the fruitful recap of each training class now:](#)

Impact Measurement Result

[Notable Quantitative outcomes](#)

In the past year, over 164 students from 14 different classes have completed at least one year of training programme and impact measurement. Based on statistics, over 95% of our students have shown notable improvement in the aforementioned 6 key attributes.

[Selection of Qualitative outcomes](#)

Zhong Yi Chao RUN Inspires! Sham Shui Po 2014-2016 Studying Hong Kong Baptist University Higher Diploma in Management (Sport and Healthy Living)

Since long-distance running is not my dominant sports, after entering university, I do not spend as much time on running and joining competitions as when I was an IHKSports student. Yet, I still insist on having slow running during leisure time to relieve pressure because I enjoy being carefree when running. Not only am I an IHKSports graduate, I have also become its part-time office assistant now where I mainly assist the full-time colleagues in dealing with some administrative work, including editing video, managing students' attendance and coping with some simple documents. Being an office assistant in IHKSports allows me to understand more

about the operations of the organisation which makes me realize that organising one single sports course is already a tiring task as it requires communications and plannings from different aspects. Apart from engaging in office work, I have also tried being a student leader before in which I was responsible for taking students to competitions. Sometimes, I had to make decisions on my own under various circumstances instead of blindly following other people's instructions and I believe this opportunity has led me to become a more independent person.



Tang Ngo Sheung DANCE Inspires! Wong Tai Sin 2016-2018 Secondary Six

After graduating from IHKSports, I have participated a dance programme organised by the Hong Kong Federation of Youth Groups where I am now learning three types of dance, including Hip Hop, Waacking and Jazz Funk within 24 sessions of training. There will also be a dance performance coming in July. In addition, I have also represented my school to engage in the Joint Dance Exhibition, which encompassed a vast majority of schools, coordinated by the Hong Kong Joint School Dance Association. I love dancing and my dream is to become a dancer or dancing teacher as I grow up. I will enrol in different dancing schools to gain more experiences in preparation for entering the Hong Kong Academy for Performing Arts after completing the

public examinations. Even if I am not qualified for the admission, I will also seek for other alternatives to achieve my dancing dreams without giving up easily.



OUR LEARNING EXPERIENCE ACTIVITIES



Our Learning Experience Activities complements our Sports Programme to provide well-balanced development for our students. With the objective to instil a sense of charity for students on personal, team and citizenship level, our Learning Experience Activities are delivered approximately twice a month.

Learning Experience Activities

This year, our activities continued to be just as diverse as previous years. Below is a quantitative summary of our Learning Experience Activities:

<p>Total number of Learning Experience Activities</p> <p>16</p>	<p>Total number of times our students participated in the 16 Activities</p> <p>358</p>	<p>Total number of hours of Learning Experience Activities for students</p> <p>1,812</p>	<p>Total number of volunteers hours contributed by our Corporate Partners</p> <p>91</p>
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Personal Level

This first realm of activities aims to help students to be aware of their strengths and weaknesses, generate a positive image and identify a clearer direction for how to contribute to the community.



TWG Job Shadowing Programme

Students after learning in different departments, were inspired to think and plan for their future, exploring their interest and recognising their own strengths



CIRQUE DU SOLEIL - Kooza

With exciting and magnificent acrobatics and clown performances, students learnt that hard-work and trust are both very crucial elements

Blue Cross Insurance 2017 Asian Fencing Championship Kick-off Ceremony

This is a very meaningful competition for IHK, as it is the first tournament our fencing class has won since starting 3 years ago! Our students had learnt from mistakes from the past, and their hard work has finally bore fruit!

OMAK Practice

Students learnt more about the origin of and appreciation to food via exhibition, workshop and interactive game

Opportunity Festival

Students were exposed to opportunities about creativity, innovation and entrepreneurship in the society through taking part in the workshops and talks

Team Level

This second realm of activities focuses on team experience of overcoming challenges, personal breakthrough, as well as development, attitude, cooperation, and communication in groups so as to learn how to improve our community as a team.



Aquatics Leadership Training Camp

Under the guidance of qualified coaches, both our Non Chinese students and Chinese students demonstrated social inclusion and team spirit through close co-operation when conducting different tasks.



Harrow's Invitation Week

On the day students from Harrow acted as coaches for IHKSports' students, the 2 groups interacted with each other in English, and our students took the opportunity out to teach the coach Cantonese! This really showed sports is a common language that breaks down cultural and language barriers.

Shooting Workshop

Despite testing students' fitness, they developed teamwork with each other in the shooting campaign arranged by Nam Wah Catholic Secondary School and Shooting Workshop.

Our Hands Farm

Students learned problem-solving skills and developed team spirit through making chopsticks and preparing vegetarian meals themselves.

Citizenship Level

This third realm of activities focuses on enhancing students' understanding towards the community and arousing their awareness and commitment to serve the community.



Mid-Autumn Festival Elderly Visit

Our students paid a visit to the Elderly from Aberdeen Kai-fong during Mid-Autumn Festival where they performed rope skipping extemporarily, bringing warmth and care to the elderly for celebrating the joyful Mid-Autumn Festival.



National Gymnastics Extravaganza

The spectacular performance by the Olympic medalists as well as members of the Hong Kong gymnastics team motivated the students to practice and develop teamwork with others.



Lunar New Year Elderly Service

Students were join hands with Dah Sing Bank corporate volunteers to conduct a community service at Aberdeen Kai-fong Association, celebrating CNY earlier on with elderly. The finale show highlighted a rope skipping performance conducted by Shatin class. The show was a successful one and it had proven the hardworks from the class.



"Caring with Creativity" Elderly Service

After receiving volunteer training, IHKSports students played games and interacted with elderly who are suffering from Dementia. After the visit, all of the students expressed that they had acquired deeper understanding on Dementia and were more motivated to show care and love for the elderly.

"The Sky's The Limit" Wellness Symposium

Students from IHKSports exchanged their thoughts and ideas with the Olympic swimmers and triathletes in a pleasant and harmonious manner.

Elderly Visit

Students conducted home visit at Kowloon City district, delivering warmth and caring to the elderly.



Cheung Ki Wan (Blue Cross Insurance 2017 Asian Fencing Championship Kick-off Ceremony) *FENCING Inspires! Tuen Mun Student*

I can hardly forget Mr. John Tsang Chun-wah's words to me, "You need to give your whole concentration. At the same time, you have to maintain a peace of mind and analyse your opponent and the game situation immovable. Plan and then move." It is inspiring and I could now remain calm under all situations.

Ng Chun Wah ("Caring with Creativity" Elderly Service) *GOLF Inspires! Student*

Communication is more than just about verbal cues. Though the elderly were suffering from Dementia, they were still very concentrated on listening and even made use of his body languages to express his understanding. I believe if more public attention is put on the Dementia patients, the gaps between us can definitely be bridged.



Tsang Chi Wah (Aquatics Leadership Training Camp) *GOLF Inspires! Student*

The most unforgettable activity to me is the Trust Game. During the game, we were instructed to lie on the cushions floating on the sea. Then, we have to change the positions with other students while maintaining the balance. If we weren't careful enough, all of us on the cushions would fall into the sea. It doesn't only matter to those two people, but also to the whole group and everyone's efforts are necessary. We have to make the directions very clear and to take concerted action to maintain the balance.

Through the game, I learnt that keeping good concentration is the fundamental block of good teamwork.

OUR ADVOCACY



We began our Advocacy Activities in 2017-18 with the aim to communicate our vision and missions to the general public in Hong Kong, especially to youths. As a With limited resources, we focus on Government Advocacy, SportsHour Campaign and the use of online and offline media channels to create a more engaging and friendly environment for youths and the general public to enjoy sports.

Public Policy Advocacy



IHKSports visited the Education Bureau and met with the Under Secretary for Education Dr. Christine Choi, JP in January 2018 to discuss education policies related to physical education in Hong Kong. IHKSports made various policy suggestions and exchanged views with both Dr. Choi and Mr Jeff Sze, political assistant to Secretary for Education. In March 2018, IHKSports visited the Curriculum Development Office again to present our ideas on physical education curriculum. IHKSports hopes to visit other government departments in the future so as to promote healthy living together, and to increase youths' physical activity at the policy level.



IHKSports' policy suggestions to the Education Bureau include:

- 1 Expanding eligible institutions of the "Opening Up of School Facilities for Promotion of Sports Development Scheme" to members of the Hong Kong Council of Social Service (HKCSS)
- 2 Increasing the weekly hours of physical education in primary and secondary schools.
- 3 Increasing opportunities on top of physical education lessons
- 4 Encouraging schools to promote non-elite physical activities
- 5 Closely monitoring the length of recesses and lunch breaks
- 6 Advancing the use of technology as a tool to assess the learning and development needs of children
- 7 Cultivating the collaboration of schools and parents to increase the sports activity
- 8 Diversifying the post-secondary education and future career options for students taking Physical Education as a HKDSE Elective

SportsHour Campaign

SportsHour is a non profit-making advocacy campaign which encourages 5-17-year-old children and youths to meet the recommendations set by the World Health Organisation on physical activity for health, to accumulate at least 60 minutes of moderate- to vigorous-intensity physical activity daily. The campaign has received wide support from local athletes and celebrities, to participate in the charity filming. In the coming year, IHKSports will continue to produce more videos to encourage children and youths to participate in physical activity. Below is a summary of the two video sets we promoted in 2017-18 when we kick-started the Campaign:



1k likes | 139 shares

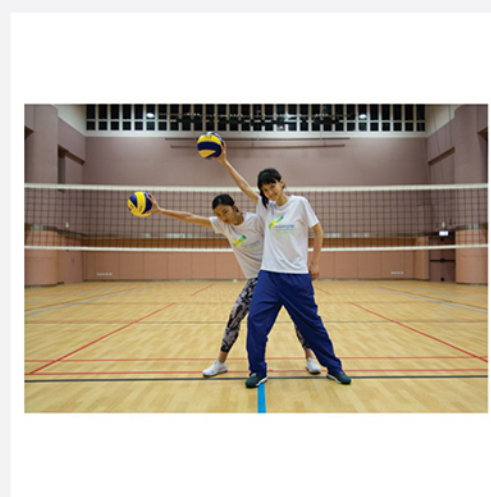


1k likes | 377 shares

IHKSports has teamed up with former Financial Secretary Mr John Tsang to promote physical activity participation among citizens. John, along with from local sports social media page Spartant's icon Benjamin Fan, recorded a demonstration video which teaches four practical yet straightforward physical activities! Each exercise can be categorised into three levels: beginners, moderate and advanced. Visit our Facebook and get your 60's done today!



284 likes | 35 shares



1.6k likes | 312 shares

Cecilia Yeung and Angela Yuen are two upcoming home-grown icons in the field of professional sports and performing arts respectively. The two seem to be very different. However, they have a lot of shared interests. Both of them were volleyball players, and this is why they promoted the importance of exercising by shooting a video together.

Our Media Exposure



2017 Asian Fencing Championships is Coming Up. Join Workshops by Young Fencers
Sportsroad
May 10, 2017



Former Video Game Addicts Now Enjoy Running
Metro Daily 4 December, 2017



Golf Rising Star Matt Trains Hong Kong Students
Headline Daily November 29, 2017



To Accumulate, and to Pass on a Legacy
Runner's World January 2018



Athletes Teach Underprivileged Students Distance Running to Transform Their Lives
Sky Post
December 4, 2017



From Playing Online Games to Breaking Records: Tong the World Class Runner-to-be Transforms and Grows Through Sports
HK01 May 25, 2017



Chan Yuen Ting is appointed as Sports Ambassador of IHKSports, Encouraging Teenagers to Chase Their Dreams
Sportsroad October 30, 2017



Nurturing Young Golfers to Compete in Hong Kong Ladies Open
Oriental Daily News
2 June, 2017



Better Youths, Through Sports
Wen Wei Po 28 October, 2017



Watch Hong Kong Games and Take Action
Ming Pao 2 May, 2017

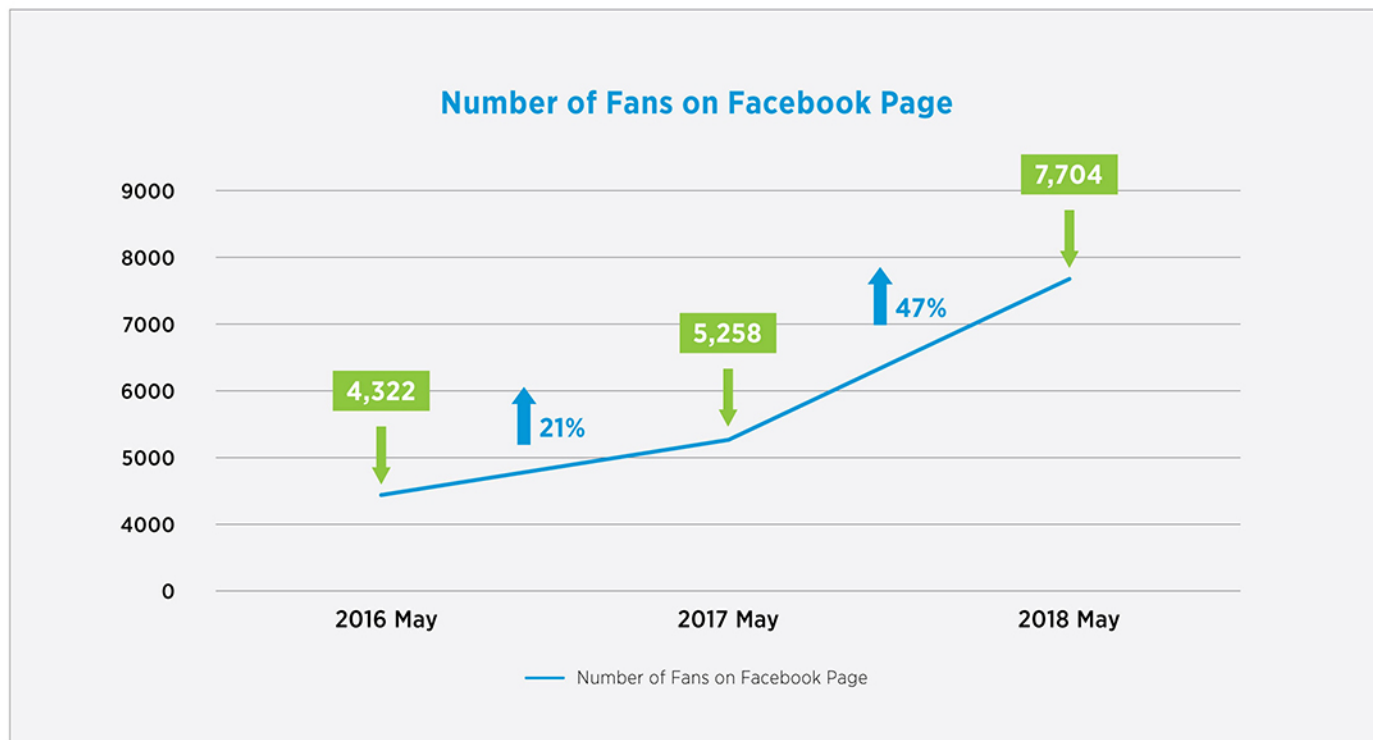


Cecilia Yeung and Hayley Chan Visit IHKSports Students
Sportsroad May 22, 2017

Our Social Media

IHKSports has been running a Facebook page since 2015 and our number of fans and followers have grown from strength to strength since then. Our team would like to thank our Media Partner, Facebook, for selecting our organisation at the Good Causes Day 2017 to receive free credits to promote our advocacy work.

3-year growth of our fan base



▲ Good Causes Day 2017 at Facebook Office

In 2017/18, our Facebook Page has reached over 7,000 “Likes” and we have actively reached out to our Sports Athletes and celebrities with positive image to promote our advocacy messages and our sports charity work online to reach young people in Hong Kong. At the same time, our Instagram and LinkedIn Pages also serve as a platform to reach our target donors and service recipients keep our work transparent.

Please follow us on the following platforms to get the updated information of our charity work:



[SpotLight Post]



Photo of Sammy's post

1.7k like | 102 share



Photo of Cecilia's post

2.9k like | 57 share

OUR PARTNERS



With hard work and results, IHKSports has built an extensive network of corporate and non-corporate partners and received various kinds of support. Without them, IHKSports would not be where it is today. We offer our heartfelt gratitude to our partners and hope that our partnership will continue to flourish!

Our Partners

Regular Donation Partners

The following partners provide regular monetary donation to support IHKSports. We are most grateful for their generous support.



[Ming Wai]



[Shih Wing Ching Foundation]



[Ngai Family Foundation]



[Herbert Smith Freehills]



[Tsit Wing Coffee Co. Ltd]

Endorsement Message from Herbert Smith Freehills

"Herbert Smith Freehills is a proud supporter of InspiringHK Sports Foundation. The charity's work in the community is aligned with our firm's values of connect, collaborate, lead and excel. Its sports and learning activity programmes provide valuable opportunities for Hong Kong's underprivileged youth to gain important skills and grow in confidence."

Sports Programme Title-Sponsors

IHKSports is also most grateful to the following partners who provide specific funding to title-sponsored sports programmes.



[Friends of Asia Hong Kong]

Title Sponsor for GOLF Inspires! Northern District between May 2016 - April 2018



[Hong Kong Freemasons Annual Appeal 2016]

Title Sponsor for ROPE SKIPPING Inspires! Tuen Mun, DANCE Inspires! Wong Tai Sin and WOMEN FOOTBALL Inspires! Kwun Tong



[The D.H. Chen Foundation]

Title Sponsor for RUN Inspires! Sham Shui Po and Kwai Tsing Classes and HOCKEY Inspires! Beginners and Advanced Classes between September 2016 - August 2018



[Operations Santa Claus]

Title sponsor for all FENCING Inspires! classes between April 2016 - March 2018



[Dah Sing Bank Limited]

Title sponsor for ROPE SKIPPING Inspires! Shatin class between April 2016 - March 2018



Endorsement Message from The D. H. Chen Foundation

"An avid runner myself, I firmly believe in the power of sports to build character and enrich lives which is also the mission behind the work of InspiringHK Sports Foundation. Established by a group of committed and passionate sports lovers, InspiringHK strives to empower youth through its long-term sports programs complimented by meaningful experiential learning activities. The Foundation is particularly impressed by IHKSports' proactiveness and vision to expand its scope in 2017 to include gender equality, social inclusion and healthy living as causes to which it will dedicate itself. We are grateful for the opportunity to be a partner of IHKSports to drive positive impact in the community through sports."

Mr Alan Chow
Executive Director, The D. H. Chen Foundation

Wellness Partner



[Pure Yoga]



[Pure Fitness]

Social Media Partner



[Facebook]

Supporting Partners

We have benefited from generous organisations providing [one-off donation](#), [pro-bono services](#) and/or [in-kind donations](#).

ARENA	EQS Asia Ltd. / EQS Today!R	LUSH
Athletic City	Fencing Arena	Rich Beauty International
Blue Cross (Asia-Pacific) Insurance	Frederique Constant Hong Kong	Sony Hong Kong
Canadian International School of Hong Kong	Friends of Asia Hong Kong & UBS Hong Kong Open	Stanford Swim School
CEP Hong Kong/ Glow 1708 HK Limited	Herbert Smith Freehills	Studio Anderson
Cirque du Soleil	Hong Kong Golf Club	The American Women's Association of Hong Kong
Clyde & Co	Hong Kong Rope Skipping Club	THE WAVE
DEF Promotions	Harrow International School Foundation	Zarie
Ecovis Focus Hong Kong CPA	Les Escrimeurs (Hong Kong)	Zonta Club of Hong Kong II Foundation

Special thanks to Mr Lau Ming Yin, Mr Sham Wai Lun, Mr Yu Pak Cheung, Mr Frank Leung, Mr Cheung Ka Wai and Miss Karen Chow for providing photography services

Recruitment Partners

We are thankful to have the following recruitment partners who helped us maximise our reach:

H.K.S.K.H. Shatin Children and Youth Integrated Service Centre	Po Leung Kuk Ma Kam Ming College
H.K.S.K.H. Kowloon City Children and Youth Integrated Service Centre	HKTA The Yuen Yuen Institute No.3 Secondary School
Pok Oi Hospital Mrs Lee Ho Siu Fong Memorial Children and Families Development Centre (Butterfly Bay)	Cotton Spinners Association Secondary School
The Salvation Army Tuen Mun Integrated Service for Young People	Po Leung Kuk Lo Kit Sing (1983) College
Our Lady of China Catholic Primary School,	Carmel Bunnan Tong Memorial Secondary School
Jordan Valley St. Joseph's Catholic Primary School	ELCHK Hung Hom Lutheran Primary School
St. Edward's Catholic Primary School	Nam Wah Catholic Secondary School
Buddhist Fat Ho Memorial College	Tsang Mui Millennium School

We are also thankful to have the following partners who have been assisting in managing our sports programmes and ensuring they are well-delivered:



Message from Cotton Spinners Association Secondary School

"With young and passionate committee members as well as professional coaches, IHKSports has been offering effective sports training programme to our students. After 1 year of practice, they have shown great improvement. Some of the students, albeit without much running experience before joining IHKSports, have entered the top 10 rank in this year's cross-country running competition. Together with other students joining IHKSports programme, our school has captured champions in Male (A grade) & (B grade) and an overall male group champion. Such great result would not be possible without the high-quality training offered by IHKSports!"



Message from Tsang Mui Millennium School

"Thanks to IHKSports, our students could finally get the opportunity to play golf. Parents' encouragement, school coordination and the support from IHKSports are the reasons why the *GOLF Inspires!* can be so successful."



Message from The Salvation Army Tuen Mun Integrated Service for Young People

"Two years ago we have started partnering with IHKSports. Apart from offering children living in Tuen Mun free-of-charge sports training opportunities, IHKSports is also keen to learn about each and every child's growth and needs. We are grateful to IHKSports and the coaches for building a positive learning environment for our children."



Message from H.K.S.K.H. Kowloon City Children and Youth Integrated Service Centre

"Because of IHKSports, our children could manage to find out how much they love about rope skipping and how far they can go with it. Not only does IHKSports offer well-delivered programmes, they also give opportunities for our children to perform, compete and volunteer so that they can build confidence from such experience. Most importantly, IHKSports committee members and volunteers really care about the students and make them feel they are valued and cared."

Our Fundraising Partnership Events



Year-long Partnership
Pure Yoga
provides
free yoga experience
for our students

As our Wellness Partner, Pure Yoga has been providing bi-monthly free yoga experience for our students to promote physical and mental wellness. The yoga instructors visited our classes in various districts and taught basic yoga skills including breath control and state of mind.

Feb 2018

ROPE SKIPPING Inspires!
students
fundraising for
underprivileged
students

Three of our students who have joined **ROPE-SKIPPING Inspires!** since 2014 have been selected recently to join the Super Skipping team training offered by the Hong Kong Rope Skipping club with the sponsorship offered by the Foundation. During the Lunar New Year, the three students accepted the speed step challenge and hoped that everyone can donate their Lunar New Year red packets to support community sports. For every \$10 donation we received, they promised to do one speed step. This fundraising campaign raised \$18,000 for IHKSports to support more underprivileged children and youths to learn rope skipping.

IHKSports has been named as the official charity partner of the BMW i Runners Campaign during the Standard Chartered Marathon 2018. Through a mobile app, BMW recorded the total training mileage of their staff team and donated \$20 for every kilometre contributed by the runners. Moreover, our students and volunteers joined the 'BMW i Runners Charity Run' event and trained with the BMW i Runners. At last, IHKSports has raised \$23,886 from the campaign.



Dec 2017
BMW
i Runners
Campaign



Nov 2017
**UBS
 Hong Kong
 Open 2017**

Thanks to the unfailing support from Friends of Asia Hong Kong, IHKSports again became a beneficiary of the UBS Hong Kong Open Charity Cup. IHKSports received over \$370,000 to start our two **GOLF Inspires!** classes for primary school students in the North District. One of the **GOLF Inspires!** Students has joined the kick-off ceremony of the Charity Cup with local celebrity Mr Hacken Lee.

Oct 2017
**Britcham & JLL
 5-A-Side Corporate
 Football Tournament**

The 5-A-Side Corporate Football Tournament was organised by the British Chamber of Commerce in Hong Kong and sponsored by JLL. Corporate companies competed in a series of football matches and all the donation of the tournament went to IHKSports!



May 2017
**Frederique
 Constant
 and
 IHKSports
 6000
 Step Challenge**

Swiss watch brand Frederique Constant and IHKSports set up a challenge booth for a so-called 6000-Step Challenge. For every step that a person made in the booth, Frederique Constant donated \$4 to us to support underprivileged kids to take their steps toward success!

May 2017
**Blue Cross
 Insurance
 2017
 Asian Fencing
 Championships
 Kick-Off
 Charity Event**



When the Blue Cross Insurance 2017 Asian Fencing Championships was just around the corner, Hong Kong Fencers, including Cheung Siu Lun, Lam Hin Chung and Cheung Ka Long, played against top fencers from China and South Korea in the Fencing Charity Competition, a fundraising fencing exhibition game for InspiringHK Sports Foundation to support local fencing education and development. During the ceremony, Mr. John Tsang GBS JP, also shared his wisdom on fencing and life with two aspiring students. In the Parent-Child Fencing Workshop, our students acted as "little coaches" to teach the public the basic fencing skills.

2017-18

